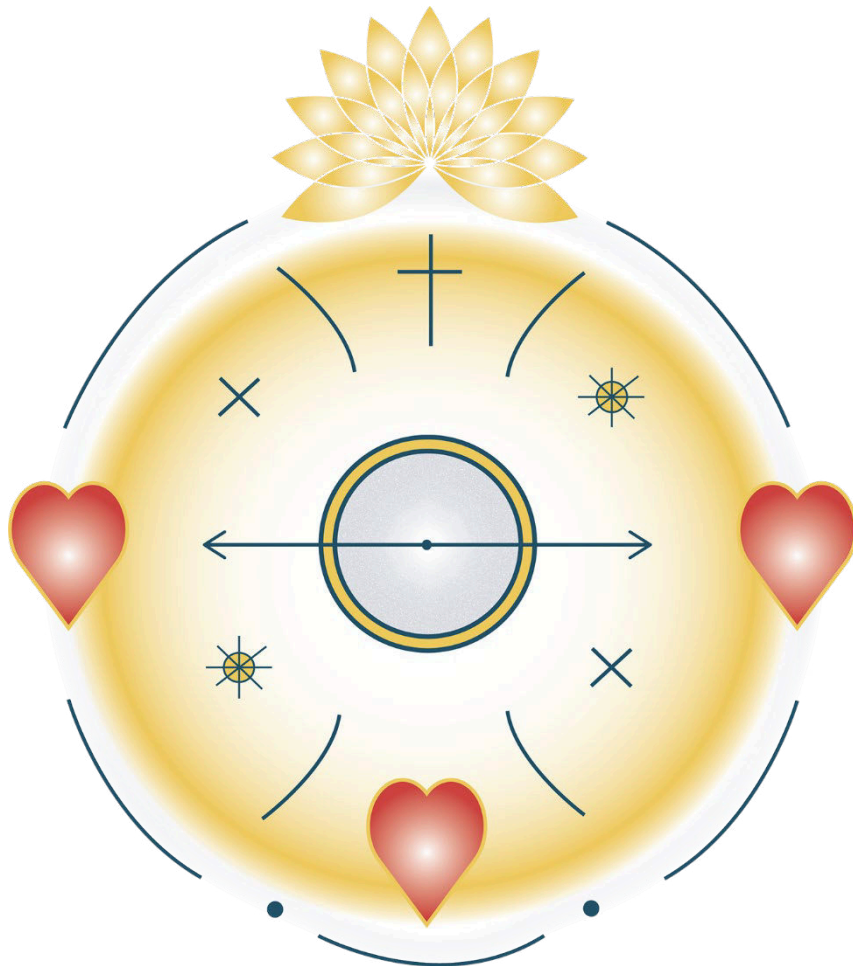# Selflessness

ANASES [ʌ n ʌ s ɛ s]

The symbol helps get free from selfishness, from our inability to care about others and from the difficulty to consider others. It eliminates the mentality of 'I only think of myself'.