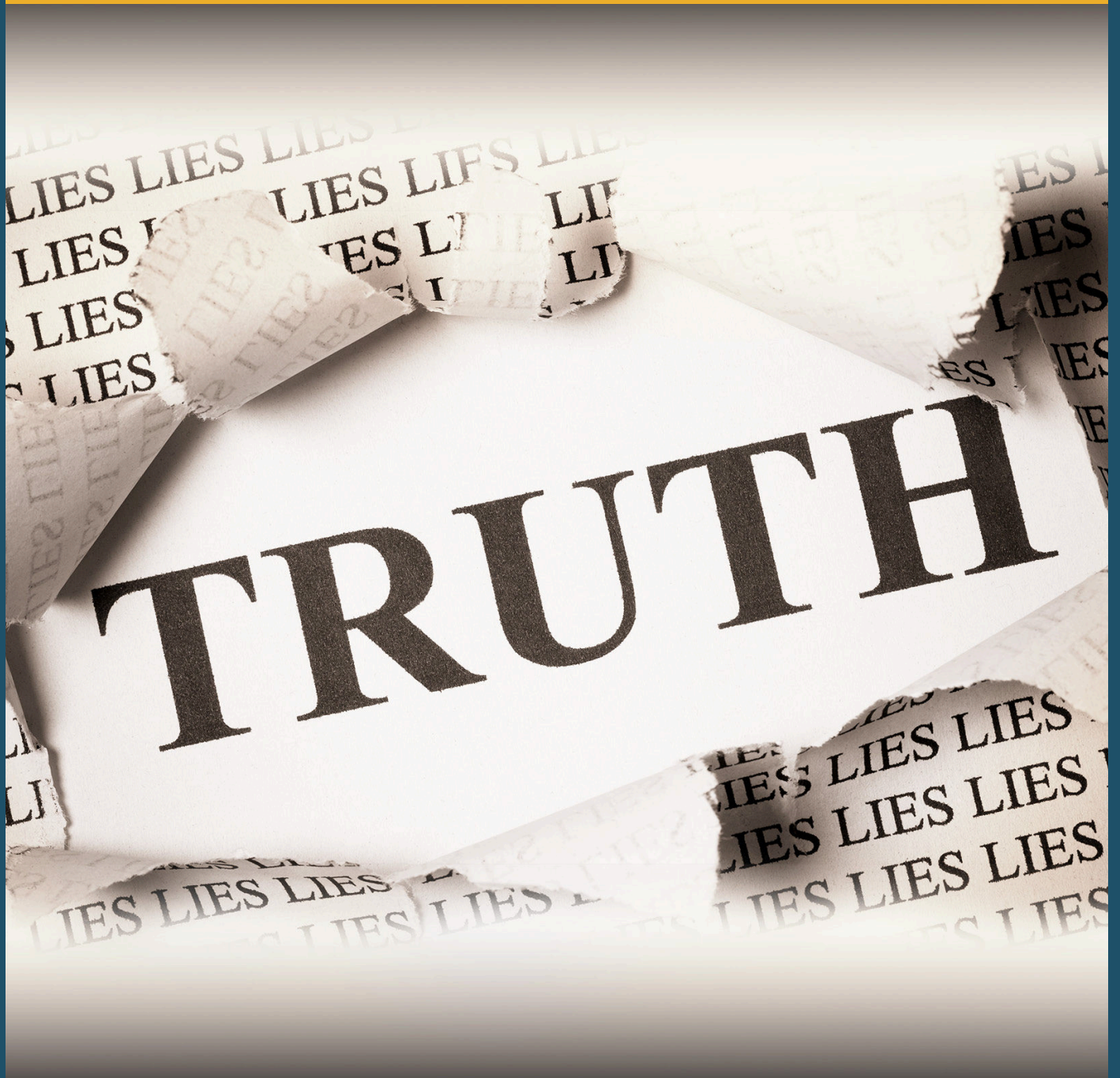


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ISSUE 3, 2022





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Text - Xandra Gyllenlid

Graphic Designer - Eva Crystal

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Portfolio of Thoughts

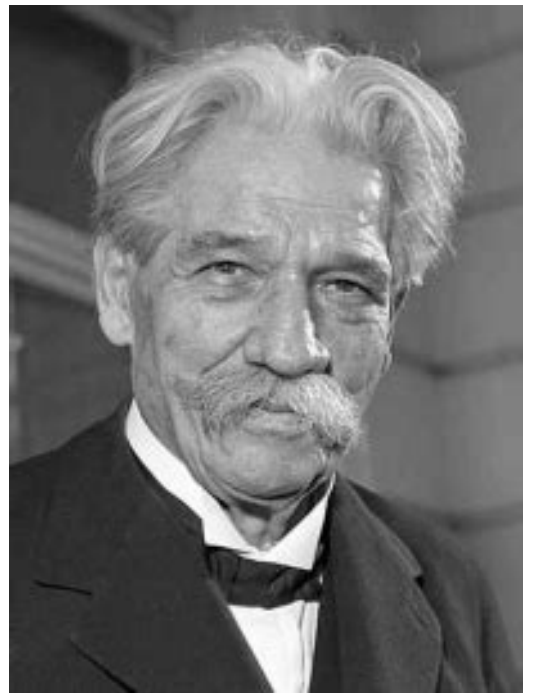


Jodi Picoult

“The idea that somebody’s life is more worth than another’s,
is the root of all evil here on Earth.”



“Humanitarianism consists in never sacrificing
a human being to a purpose.”



Albert Schweitzer

WHAT

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IS

THE TRUTH



“If the governments can only threaten and punish the truthers and the doubters instead of giving scientifically satisfying answers, then it proves their guilt to 100% !!!”

WE WANT AND DEMAND TRUTHFUL INFORMATION FROM OUR GOVERNMENTS RIGHT NOW ABOUT COVID 19, COVID VACCINES, BIOLOGICAL LABORATORIES, WARS AND SO ON.!!!



WE WANT AND DEMAND INFORMATION BASED ON REAL AND IMPARTIAL SCIENCE, WHICH IS TRUTHFULLY FOR THE BENEFIT OF THE PEOPLE!

We don't want any more lame explanations from profit hunters, from biased research groups, from greedy pharmaceutical manufacturers or from infamous and dishonest Dr. Mengeles, the 'death angels' (it looks like he has multiplied himself since then...))!!!

We want to know everything about one of psychology's oldest research tools, the **Asch Conformity Experiment** regarding the whole covid issue!!!

WE WANT TO KNOW: WHY AND HOW COULD PFIZER CLOSE ALL DOCUMENTATIONS, INFORMATION AND FACTS ABOUT THE COVID VIRUS AND THE VACCINATIONS FOR 75 YEARS?!!

It means that all information about this whole issue will be hidden from the public for 75 years from now!!! How can it even be possible?

How come that all of those who have been involved in making the vaccines and all decisions around it, are given the possibility to escape all their responsibilities?

What kind of rotten system do we have in our societies?

The following statement seems very true: **“In other words, the entire covid outbreak and all its damage-lives lost, economies destroyed, liberties demolished - was done on purpose and was engineered by powerful corporations and governments (NIH, Fauci) in order to deliberately harm humanity. In the world of pure evil, Putin doesn't even hold a candle to Fauci.”** (extract from the article below)

We need right away a satisfying answer to this whole issue!

If the governments can only threaten and punish the truthers and the doubters instead of giving scientifically satisfying answers, then it proves their guilt to 100% !!!

IT IS REALLY HIGH TIME FOR A SYSTEM CHANGE!

We do NOT need any more changes in political parties!

It doesn't help at all, anyway, because they are all the same. ***In the end, they are all puppets, clones or servants of a small vicious group and ultimately of the negative force field.***

WHAT WE NEED IS A CHANGE OF THE WHOLE SYSTEM!!!

Our societies must be people-friendly, not people-hostile!!! **We must respect all lives as they always should have been respected!** Away with all evil, vicious forces and their servants! They must not exist and live any longer among us, here on Earth!!!

We quote from 1 news NZ, 21 March:
“...whilst the vaccines are good at stopping you going to hospital or preventing death, they are not as good at stopping any infection.”!!!
(Epidemiologist professor Tony Blakely of Melbourne University)

It has to be noted, that the first part of the previous statement is unfortunately not proven sufficiently scientifically... So no one knows for sure if it stops anyone from going to hospital or any death. Some group and then the mainstream media just announced that as a fact without any bombproof scientific evidence! It is outrageous!



Several of our own friends and acquaintances, both vaccinated and unvaccinated, had approximately the same symptoms, although some of the vaccinated suffered from frightening circulatory problems, meanwhile the unvaccinated didn't have any of those. Is it only a coincidence in those cases? At least, we know that what we are writing about here is the truth because we have seen it with our own eyes and experienced it.

Anyway, many people have noticed by now that something is very wrong. No matter how many times you are vaccinated and boosted, you still get sick from the virus, its mutations and other viruses... And new viruses, new mutations have been continuously emerging during these two years with covid!!! In addition, all the lies and deceptions with the utterly useless masks for the public! Disgusting!!!



INFORMATION MISSING

The lack of real and truthful information, quite understandably, has generated many theories, among them even conspiracy theories.

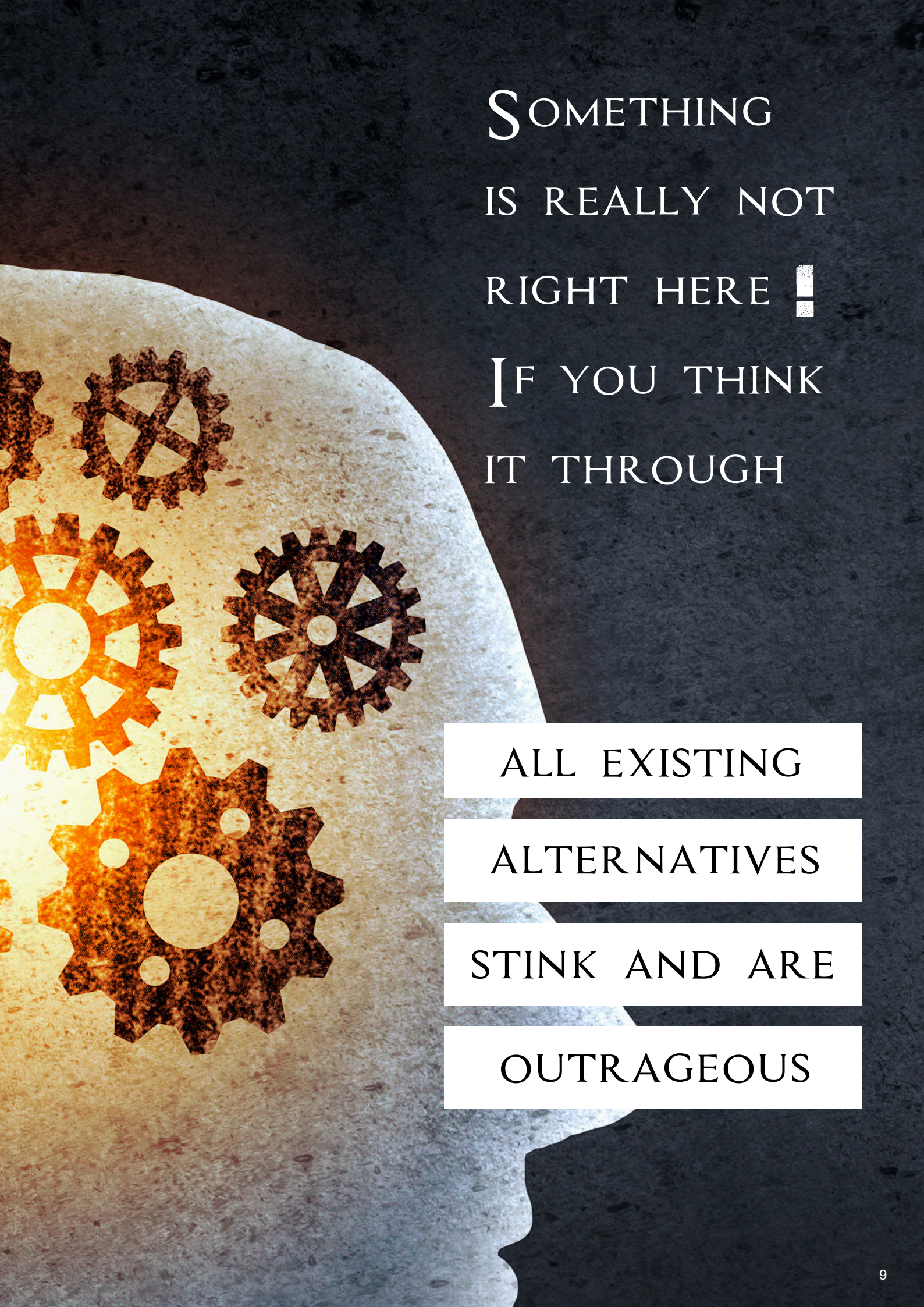
On the other hand, there have been several serious scientific studies published, which were either ridiculed or hidden from the public. They just simply were not published in the mainstream media. Why is that so?! Meanwhile several scientists disappeared or died under mystical circumstances.

Isn't that largely odd?

Instead of scientific debates authorities have made vaccinations compulsory in practice and still want to hunt down doubters, although there have always been quite many serious, even life-threatening side-effects around the vaccines. Some scientists, only first now, are trying to come up with explanations why there are so many side-effects. They try even with nocebo effect (the opposite of placebo). Wrong order!

First compulsory vaccinations with an experimental vaccine, and then studies about the reasons for side-effects?!





SOMETHING
IS REALLY NOT
RIGHT HERE !
IF YOU THINK
IT THROUGH

ALL EXISTING

ALTERNATIVES

STINK AND ARE

OUTRAGEOUS

1.

If the vaccines are not harmful, but on the contrary, they are useful, then all those scientific studies which show otherwise make it very clear that there is a huge corruption going on in the medical scientific and pharmaceutical world.

What you can also see from the lack of serious scientific debates that you can do anything, lie, falsify results, smear and slander people or groups, etc, just in order to manage to sell your own research results and to make big money. Me, you and everyone else can state anything if you have the right power or political party behind your back. Disgusting!!!

If it is like that, then you really don't want and shouldn't go to traditional medical establishments for help. Because, in this case, there is no one there who would be sincerely interested in your health. They just want to make huge profit on your and others' illnesses. **It is what is called Sick – Industry**. All GP's, all hospitals, all medical establishments have to go with profit! That explains everything! It is only the profit that counts. Disgusting!!!

*Is it only
the profit that counts?*

2.



If the vaccines are harmful, then most governments, political leaders, and the vaccine producers (Pfizer and other profit hunters), with all certainty, must have known about the fraud, and they surely have known about all those harmful side-effects during the whole time. If it is so, then they clearly have shown that they are nothing else but a bunch of corrupt persons who don't care about human lives at all, they just care for their rotten profit, for their money. **THAT MAKES THEM ALL MASS MURDERERS.**

They have spent large amount of the taxpayers' money on these harmful vaccines. Then they have forced the taxpayers to take these disease-causing harmful vaccines which were bought in for the taxpayers own money to begin with. And now they want the taxpayers to pay again for all economic problems and disasters caused by this whole issue which was planned and constructed by that little vicious group and governments! Talk about exploiting innocent people, not once or twice, but several times!!! **If it is so, then it is scandalous!**

Those who made these awful, inhumane decisions, who violated so badly and unforgivably all human rights should pay for everything! They must take responsibility for everything they have done and caused!!! So many lives destroyed and harmed because of them!

*What is the truth?
We demand the truth!!!*

The following summaries and extracts are from thorough, recognized and esteemed sources and scientific studies which should and must be taken seriously.

A.

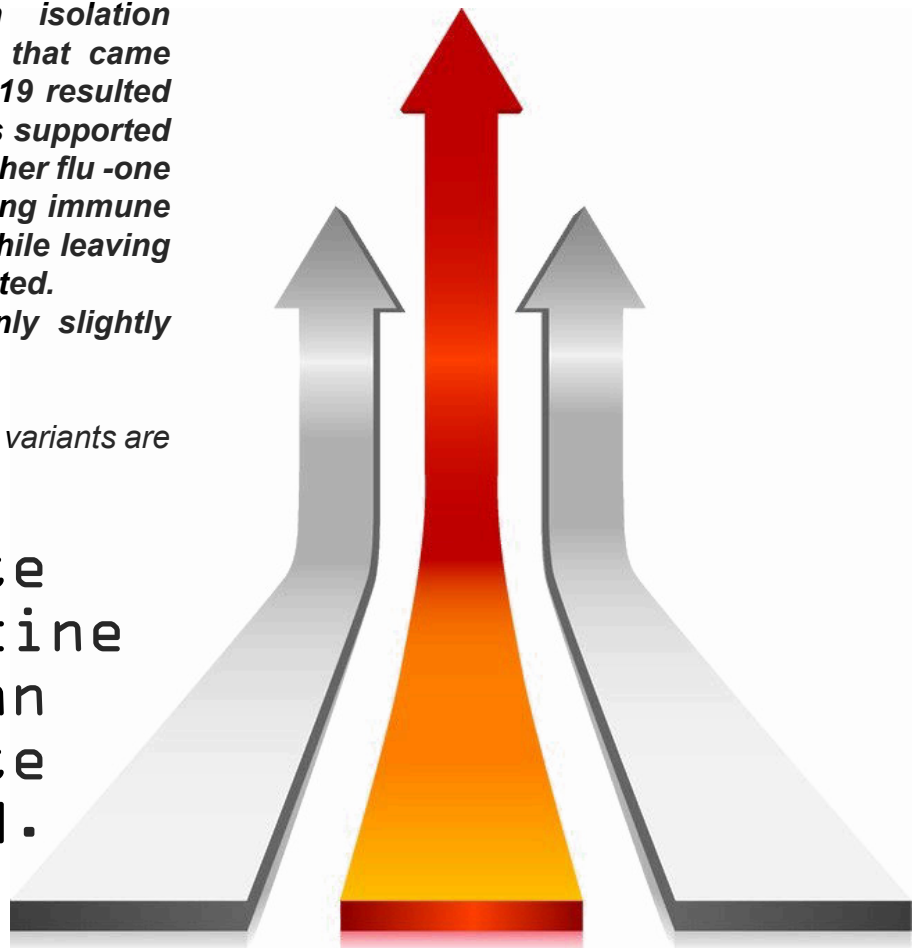
One of the recognized reliable sources, originating back to the 80-ies, says the following:

“We have repeatedly stated that the Covid-19 pandemic is invalid, as it does not meet the criteria for a pandemic. Covid-19 has proven to be merely a variant of the flu. We have stated that all lockdowns are politically motivated. The elite want to ensure the public will not be able to riot when they learn about the real danger, and that their politicians have been lying to them. We have called lockdowns Martial Law on the Cheap.

*As has been abundantly clear from the start of the Covid-19 game, the stance of many of the players has not been to fight the virus but support other agendas. **SARS and Ebola** had threatened to ravage the globe but had been addressed calmly, with isolation and quarantines and only after that came development of vaccines. Covid-19 resulted in hysteria, even though the facts supported the statement that it was just another flu -one which attacked oldsters with a long immune memory with a Cytokine storm while leaving youngsters almost totally unaffected. **But the true death rate was only slightly higher than the annual flu.***

*The public is told that Covid-19 or its variants are the problem, **BUT***

**the death rate
from the vaccine
is higher than
the death rate
from Covid-19.**



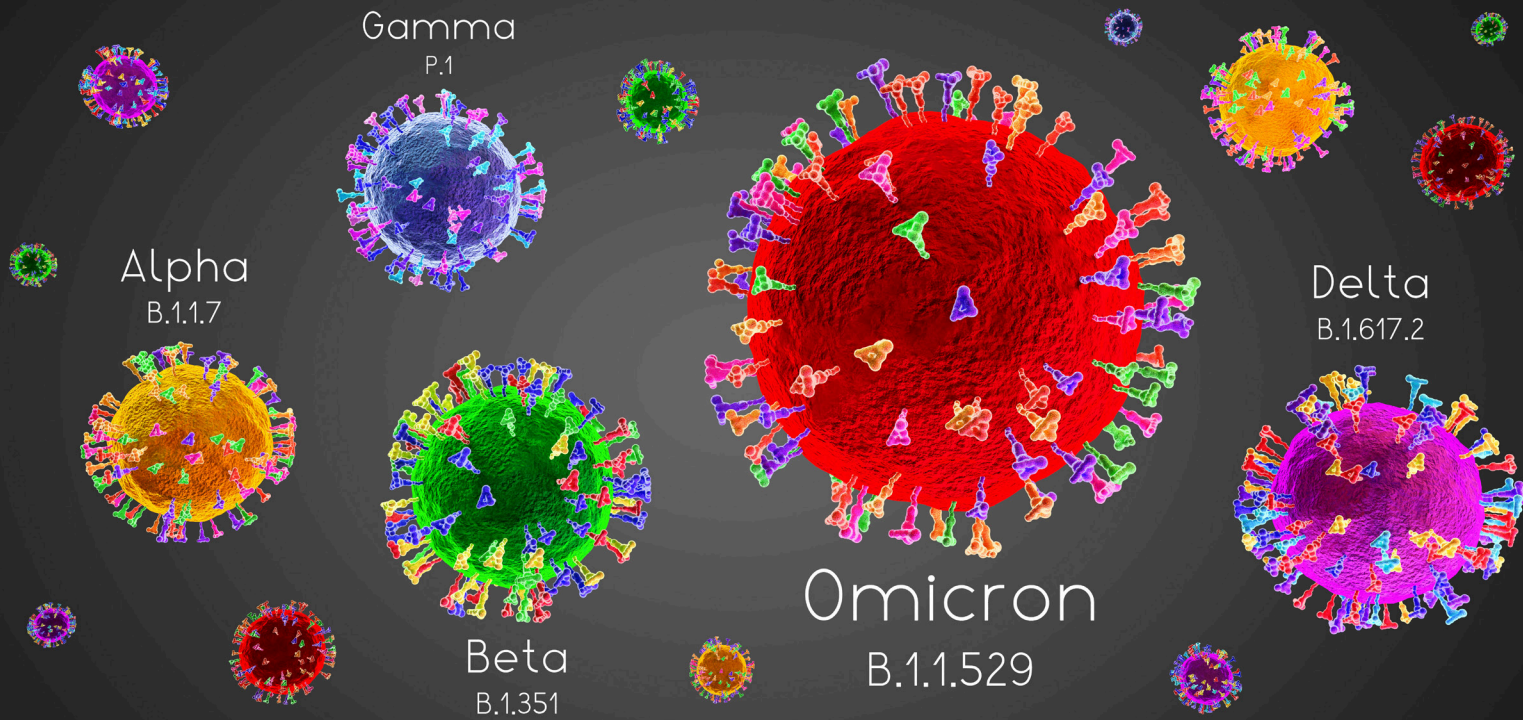
This is hidden from the public, because without the continuing threat the public will not cooperate with lockdowns. An example of the big lie occurred in late June when British Airways had four healthy young pilots die after they received the vaccine. The public was not informed, but instead was fed a lie.

This rush job with the vaccines, in most cases, resulted in mutations and variants, blood clots, nerve damage, and heart inflammation.



Young people were
dropping dead
right after the
vaccination

and health exams prior to taking the jab were no insurance against this. Perfectly healthy, then dropped dead.



*Covid-19 as all flu viruses has mutated, but the Delta variant which emerged in India was deliberately engineered and released in India to prevent citizens of India from emigrating. The number of mutations that continually emerge is due in part to the lockdowns, which prevent herd immunity from being established. Covid-19 lives on, thus. The mRNA vaccines also **allow Antibody Dependent Enhancement by failing to kill 100% of the virus, so a crippled version of Covid-19 survives as a mutant.***

That lockdowns and the mRNA vaccines create mutations has only encouraged these means of keeping the public locked in their homes, a type of Martial Law on the cheap. Those in the establishment who hoped to keep the public unaware of the real danger until the very Last Weeks now see that they will be faced with an angry public, and their ability to lead not only diminished but eliminated. They cannot be trusted to lead. In these situations, the more frightened the guilty leadership becomes, the more harsh and abusive their treatment of the truthers becomes.

*Eventually, this can lead to revolution, **unless the leadership begins telling the truth!***

NEXT VARIANT???



Another approach for controlling riots is to weaken the populace by repeated vaccine boosters.

It was explained by Dr. Luc Montagnier, a Noble Laureate virologist, that these repeated boosters caused AIDS by exhausting the immune system. For this and other revelations, Dr. Luc was killed. The UK statistical results showing a sky-high death rate among those triple-vaccinated confirms this.

Since a sick and dying multiple vaccinated population would be easier to handle, expect a big push in some countries for more and more boosters in the future."

**AN IMPORTANT QUESTION TO JACINDA ARDERN AND HER GOVERNMENT:
WILL NEW ZEALAND BE ONE OF THOSE COUNTRIES? HOPEFULLY NOT!!!**

B.

Shocking
new study
from
Lund University
Sweden



As **The Epoch Times** and other media outlets reported on March 2nd, 2022, **a shocking new study conducted at Lund University in Sweden has confirmed that mRNA nanoparticles from Pfizer's covid-19 vaccine enter human cells and are reverse-transcribed into DNA, achieving a permanent alteration of the person's genetic code!!!**

This is something that the CDC (The Centers for Disease Control and Prevention) lied about for the last several years, claiming it was impossible. **The study is published in the journal Molecular Biology.** It's entitled, *"Intracellular Reverse Transcription of Pfizer BioNTech COVID-19 mRNA Vaccine BNT162b2 In Vitro in Human Liver Cell Line."*

The study concludes that, "BNT162b2 mRNA is reverse transcribed intracellularly into DNA as fast as 6 [hours] after BNT162b2 exposure." This means the vaccine alters your genetic code in mere hours after being injected. This may help explain why cancer rates are exploding in people who take covid vaccines. The integrity of their DNA is being destroyed. It is also yet more proof that the mRNA particles from the vaccine do, indeed, circulate throughout the body and don't stay restricted to the injection site. That's another lie told to the world by the CDC, Big Tech and the pharma-funded corporate media which has been caught in lie after lie when it comes to covid origins and vaccine safety. (Natural News)

GENETIC CODE OVERRIDE!

C.

Luc Montagnier who could identify any HIV variants embedded within select Covid-19 vaccine batches



Luc Montagnier, a Nobel Laureate virologist, who was familiar with HIV, having discovered the virus responsible for HIV and its result – AIDS, suddenly died. Not much was written about his death...He understood the immune system and could explain how exhausted immune systems develop, a process called **antibody-dependent enhancement**. Thus, Luc represented a person who could identify any HIV variants embedded within select Covid-19 vaccine batches. The mRNA vaccines do not completely destroy the Covid-19 virus, so a weakened viral part can become incorporated into the immune system in the same manner that HIV invades the immune system. Thus sheltered, Covid-19 variants are developed.

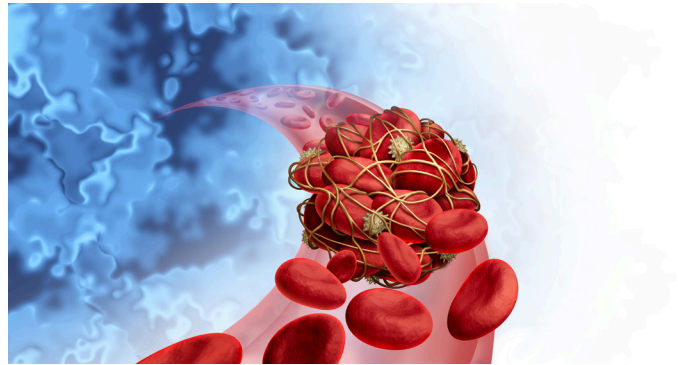
Important to know that destruction of the immune system can and does occur with Covid-19, albeit only temporarily. The ADE concerns with Covid-19 vaccines are legitimate.

D.

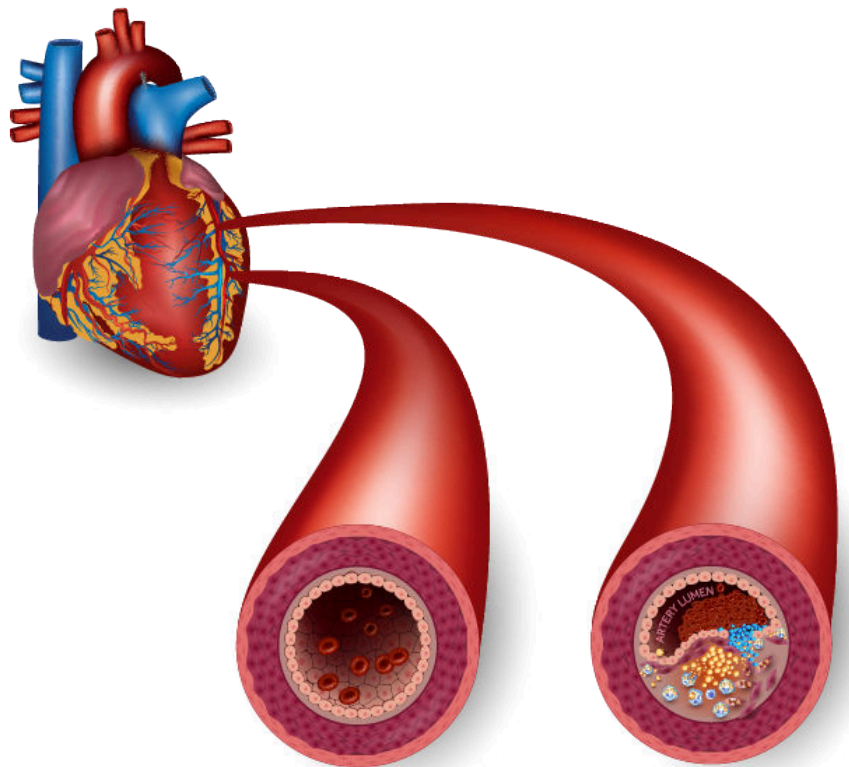
Clots are among the dozens of known side effects caused by the mRNA vaccine.

That they cause heart attacks in the young is well documented. The mRNA vaccine shrivels the placenta by attacking the syncytin-1 protein integral to the placenta. Abortions of even full-term babies resulted. Nerve damage was denied by the vaccine advocates but the statistics show Guillain-Barre Syndrome and Bell's Palsy frequently resulted, as the paralysis of Governor Newsom following his vaccination shows. Exhausting the immune system is a result well documented by the UK health service, causing a type of temporary AIDS.

Now yet another horror story has emerged from the testimony of morticians. Rubbery, snake-like clots pulled from the blood vessels of those who have recently been vaccinated. Heart attacks amid the young and healthy have been attributed to the Graphene Oxide morphing to Graphene Hydroxide where it acts like tiny razor blades attacking the heart. But there is more to this process. Heart attacks are caused by clogged arteries, so the heart is starved of oxygen. As can be seen from the mortician's photos, these rubbery clots completely block the flow of blood.



**NORMAL ARTERY
AND ARTERY WITH ATHEROSCLEROSIS,
BLOOD CLOT**



NORMAL ARTERY

**ATHEROSCLEROSIS
AND BLOOD CLOT**

E.

COVID - 19 SPIKE PROTEIN AT MODERNA

*Thanks to a bombshell “smoking gun” analysis of the covid-19 spike protein, it turns out that Moderna actually patented a particular genetic sequence three years before the covid outbreak... **and that sequence is found in the covid-19 spike protein!!** This is proof that Moderna helped synthesize the virus that got released onto the world, which in turns generated tens of billions of dollars in revenues for Moderna.*

In other words, the entire covid outbreak and all its damage - lives lost, economies destroyed, liberties demolished - was done on purpose and was engineered by powerful corporations and governments (NIH, Fauci) in order to deliberately harm humanity. In the world of pure evil, Putin doesn't even hold a candle to Fauci.



F.

“Tell the truth,
present the data”

– Dr. Paul Offit

The Centers for Disease Control and Prevention (CDC)

has withheld vast swaths of the information it holds about the impact of Covid 19, leading to anger from the scientific community and speculation the agency is not releasing the data because it weakens the case for booster shots in certain demographics. They are also not publishing data about child hospitalization and comorbidities.

Outraged scientists

stressed that publishing the data went hand in hand with educating the public about vaccines. “Tell the truth, present the data”, said Dr. Paul Offit, a vaccine expert and adviser to the Food and Drug Administration, Director of the Vaccine Education Center, The Children’s Hospital of Philadelphia (co-inventor Rotavirus Vaccine). He also noted, because the CDC had not published the information, **American scientists were forced to rely on Israeli data.**

According to Dr Robert Redfield, senior medical advisor at AM LLC, Director, CDC (2018–2021) there is a sort of a politicalization going on, which can be seen in how they at CDC presented the data They have made a decision that vaccines are the keys in this pandemic. But they are not the keys, they are pieces. It is misguided when a selective data is presented in order to advance their point of view.

This research

is plagued with classic errors and biases, and does not support the press-released conclusions that often follow. In all cases, the papers are uniquely timed to further political goals and objectives; as such, **these papers appear more as propaganda than as science.**

The CDC’s use of this technique has severely damaged their reputation and lead to a growing divide in trust in science by political party.

Science now risks entering a death spiral in which it will increasingly fragment into subsidiary verticals of political parties.

(Jeffery Jaxen, investigative journalist, and Natural News)

G.



American physician and researcher [Dr. Carrie Madej](#) has found multiple dangerous substances in the Wuhan coronavirus (COVID-19) vaccines, including graphene oxide, nanobots and living organisms.

The physician has warned the public that the graphene in Wuhan coronavirus (COVID-19) vaccines is transforming within people's bodies. **Worse yet, the fully vaccinated are now starting to infect the unvaccinated with vaccine toxins through shedding.**



Dr. Philippe Van Welbergen, medical director of Biomedics Clinic in the United Kingdom, recently demonstrated that the graphene in the COVID-19 vaccines is organizing and growing into large fibres and structures, gaining magnetic properties and becoming more complex.

In one image of a blood sample Van Welbergen shared, he pointed out that the vaccinated individual's blood was coagulated, the red blood cells were badly misshapen and clumped together and the blood was filled with graphene fibers which dwarfed the red blood cells in size. He warned that graphene fibers these massive could block small blood vessels and cause serious health complications.

Van Welbergen also warned that he was starting to notice a magnetic or electric polarity effect on different sides of the graphene fibers. This behavior was not present when he first started examining the blood of his vaccinated patients, but they were now popping up out of nowhere.

THE VACCINATED ARE "SHEDDING" AND INFECTING THE UNVACCINATED!

Worse yet, during one interview Van Welbergen showed a blood sample from an unvaccinated three-year-old patient. He examined the blood and found thin shards of clear material that resemble smaller versions of the graphene fibers he found in the blood of his vaccinated patients. The three-year-old's parents were both fully vaccinated. This led Van Welbergen to

speculate that the unvaccinated are now being contaminated by fully vaccinated individuals who were "shedding" graphene.

Van Welbergen also had other unvaccinated patients, among them an eight-year-old child, who came to him because of serious health concerns. The child's right arm and upper right leg were paralyzed and the child was unable to properly move the affected limbs. When he examined the child's blood, he found a large mass of graphene that was forcing the red blood cells around it to clump together and get squished. This large mass of graphene is most likely preventing the child from properly using the affected limbs.

What this shows is that not only are the fully vaccinated in danger of experiencing severe health complications due to the material in the COVID-19 vaccines, but they are now clear threats to the health of unvaccinated individuals as well.

**THE VACCINATED
ARE "SHEDDING"
AND INFECTING
THE UNVACCINATED!**



SO WHAT IS THE TRUTH?!!!

**WE ALL MUST DEMAND THE TRUTH
FOR THE SAKE OF OUR CHILDREN,
FOR OUR LOVED ONES,
AND LAST BUT NOT LEAST FOR OURSELVES!!!**

Monthly Herbarium

PURSLANE



Purslane is known scientifically as *Portulaca oleracea*, and is also called pigweed, little hogweed, fatweed and pusley.

It is best known as a weed. However, it is also an edible and highly nutritious green, leafy vegetable that can be eaten raw or cooked. It is loaded with all sorts of nutrients, including omega-3 fatty acids.

It is a succulent plant which contains about 93% water. It has a slightly sour or salty taste, similar to spinach and watercress. It can be used in many of the same ways as spinach and lettuce, such as in salads or sandwiches.

Purslane has a long history of use in traditional/alternative medicine.

It contains:

Vitamin A (from beta-carotene)

Vitamin C

Magnesium

Manganese

Potassium

Iron

Calcium

Small amounts of vitamins B1, B2, B3, folate
copper and phosphorus

You get all of these nutrients with only 16 calories! This makes it one of the most nutrient-dense foods on the planet, calorie for calorie.

While purslane is low in total fat, a large portion of the fat it does contain is in the form of omega-3 fatty acids. It contains two types of omega-3 fatty acids, ALA and EPA. ALA is found in many plants, but EPA is found mostly in animal products (like fatty fish) and algae. Compared to other greens, it is exceptionally high in ALA. It contains 5-7 times more ALA than spinach.

Monthly Recipe

PORTUGUESE PURSLANE SOUP



Ingredients

3 tbsp oil
1 large onion
1 large carrot
4 cloves garlic
100 g of sausage
2 dl white wine
2 medium potatoes
3 l green herb stock / or chicken stock
50 g rice (2 handfuls)
2 bay leaves
¼ tsp cinnamon (gives a little warmth to the food)
purslane to taste, about 2 dl chopped
juice of ½ lemon
parsley or peppermint to taste

Method

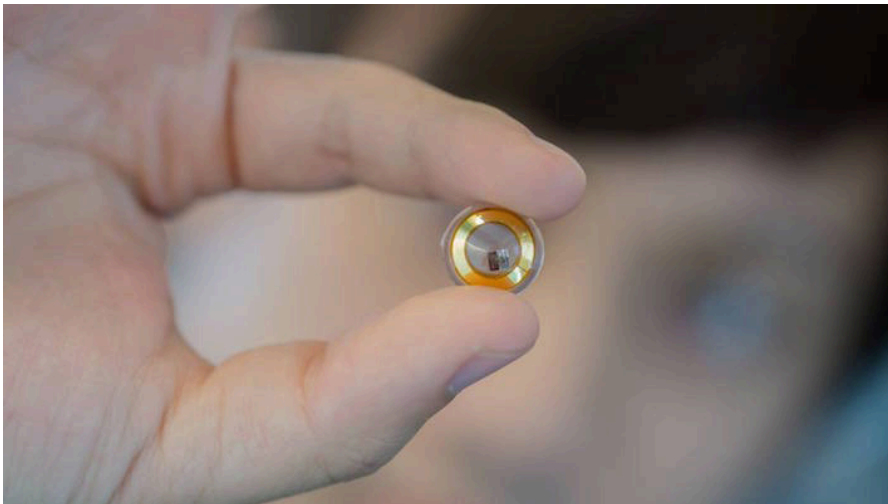
1. Sauté onion and garlic in oil.
2. After a few minutes, add sausage, carrots and white wine.
3. Cook for a while.
4. Add stock, then rice, potatoes, cinnamon and bay leaf.
5. When thoroughly cooked, puree after taste.
6. Finally, add the chopped purslane.
7. Boil for another 10 minutes.
8. Serve with lemon juice, parsley or mint, and a nice slice of bread.

Monthly Joke

The teenager lost a contact lens while playing basketball in his driveway. After a brief, fruitless search, he gave up. His mother took up the cause and within minutes found the lens.

– “How did you do that?” he asked.

– “We weren’t looking for the same thing, she explained. You were looking for a small piece of plastic. I was looking for \$150.”



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