



CUTTING ENERGETIC CORDS WITH ARCHANGEL MICHAEL

Energetic cords are invisible energy bonds stretching through time and space that connect you to people, organizations, places, ideas, situations, issues, or patterns. These cords can simply mean that certain folks or groups or patterns are part of your life, even if these no longer serve your good or are specifically harmful to you.

If you wish to leave situations, persons or patterns which you feel don't serve your best any more ask Archangel Michael for help. **Archangel Michael** is a protector of the souls and has a very powerful sword of blue light. He will always come at once and will always help.

1. Go to a quiet room where you can be alone and shut the door.
2. Call on Archangel Michael by saying,

“Archangel Michael, please come now and help me cut all energetic cords today which don't serve my best anymore or harmful to me. Thank you.”

If you are sensitive to energy you will feel an energetic shift in the room—that is Archangel Michael and his significant presence!

3. Think of the person, place, idea, pattern, situation, organization, or issue with which you want to cut cords. You might say to Archangel Michael loud in a calm, soft voice,

“Archangel Michael, please help me to cut all the energetic cords from this life or from my previous lives that no longer serve my good, or that directly hinder and harm me. Thank you.”

The rope can be related to the idea of poverty, lack of love, fights and quarrels within relationships, moving, healing, overcoming emotions, divorces, or separations from people who no longer serve your good, who do not want good for you, or are downright harmful to you.

4. Close your eyes and imagine what the cord looks like you wish to cut. Think of this person, place, idea, pattern, situation, organization, or issue with which you share a cord, and imagine in your mind:

- What colour is the cord?
- What material is it made of?
- Is it thick (possibly indicating that the cord is very old or very strong) or is it thin and wispy (maybe this cord isn't too intense anymore)?

5. Now get a mental image of the person, place, idea, pattern, situation, organization, or issue with which you share this cord. Imagine that this cord is connected to both of you. See it starting at your stomach or heart and stretching to the person, place, idea, pattern, situation, organization, or issue with which you share it.

6. Next, picture Archangel Michael with his mighty sword of light. He smiles at you lovingly, then raises his sword and in one quick movement severs the cord. It vanishes! Little bursts of coloured light fill the space where the cord used to be.

7. Now, thank Archangel Michael for the help. He hugs you and then leaves.

8. You could feel differently—lighter, emotional, tired—after this exercise. These feelings will balance out over the next few days. If a cord is formidable or old you can repeat the exercise in a week or two.

