



ADVANCED CHAKRA SYSTEM MEDITATION

For the Envoys of the Son of Light (Jesus Christ)



I. PRE-THOUGHTS

JESUS' CORNERSTONES

- No harm to Anyone
- Forgiveness to All
- Helping Those in need

THE THREE R'S

- Respect for Self
- Respect for Others and all Life forms
- Responsibility for All your Action

II. INVOCATION

"I invoke You now Beloved Almighty God Father, Almighty God Mother, Beloved Jesus Christ, Archangels, Angels, my Guiding and Guardian Angels, Reiki Spirits and All Divine Light and Love Helpers. Please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my chakras and aura. Help me to make them work perfectly for my highest good and for everyone's highest good. Thank you."

21 – AURA
SERAPHIEL
/

1 – DIVINE GATE CHAKRA
(DIVINE I AM HUMAN CHAKRA)
ALMIGHTY GOD FATHER

2 – CHRIST CONSCIOUSNESS CHAKRA
(GALACTIC CHAKRA)
JESUS CHRIST

3 – SOUL STAR CHAKRA
CHRISTIEL

4 – PEARL CHAKRA
ALMIGHTY GOD MOTHER

5 – CROWN CHAKRA
GABRIEL

6 – FOREHEAD CHAKRA (THIRD EYE CHAKRA)
URIEL

7 – EAR CHAKRA
IZAEEL

8 – THROAT CHAKRA
MICHAEL

10 – HIGHER HEART CHAKRA
CHAMUEL

9 – THYMUS CHAKRA
HANIEL

11 – PHYSICAL HEART CHAKRA
RAPFAEL

12 – SOLAR PLEXUS CHAKRA
JOPHIEL

16 – ELBOW CHAKRA
MIGUEL

13 – SACRAL CHAKRA
RAGUEL

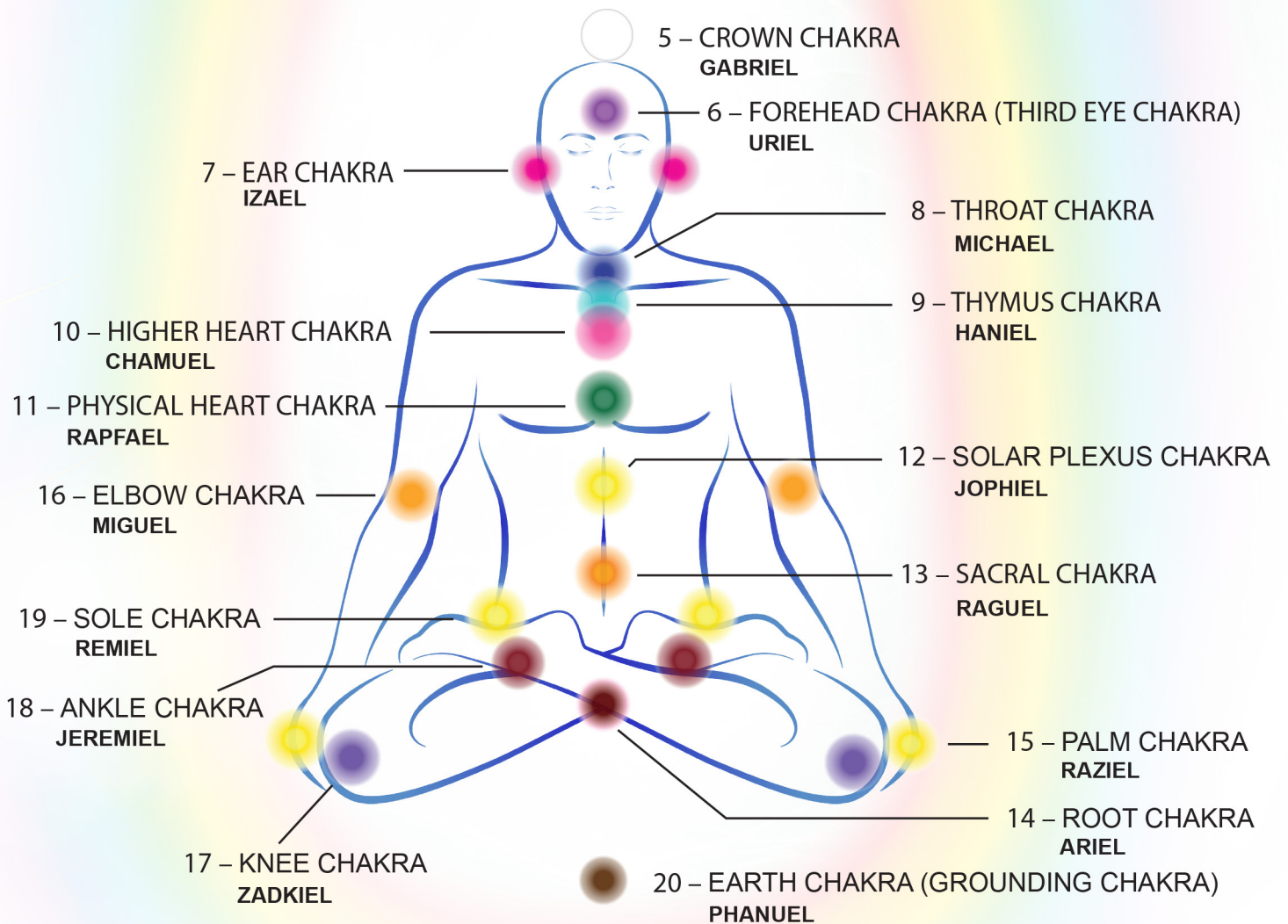
19 – SOLE CHAKRA
REMIEL

18 – ANKLE CHAKRA
JEREMIEL

15 – PALM CHAKRA
RAZIEL

17 – KNEE CHAKRA
ZADKIEL

20 – EARTH CHAKRA (GROUNDING CHAKRA)
PHANUEL



III. CONTACTING CHAKRAS AND AURA – (Visualize, see and feel the process)

1 – DIVINE GATE CHAKRA – ALMIGHTY GOD FATHER

“And now, I wish to contact my Divine Gate Chakra and the Almighty God Father.”

Reminder	Location:	two arms' length above the head
	Colour:	diamond white, dazzling
	Function:	opening the main channel for receiving the Divine Energy

“Beloved Almighty God Father, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Divine Gate Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your sacred healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

2 – CHRIST CONSCIOUSNESS CHAKRA – JESUS CHRIST

“And now, I wish to contact my Christ Consciousness Chakra and Jesus Christ.”

Reminder	Location:	one and a half arm's length above the head
	Colour:	gold
	Function:	very powerful healing; magical recovery; manifesting; bringing down Divine Energy and Knowledge; prophetic channelling

“Beloved Jesus Christ, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Christ Consciousness Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your sacred healing light and let them be permeated by your Divine energy and Virtues. Thank you.”

3 – SOUL STAR CHAKRA – CHRISTIEL “Follower of Christ”

“And now, I wish to contact my Soul Star Chakra and the Archangel Christiel.”

Reminder	Location:	one arm's length above the head
	Colour:	dazzling silver
	Function:	activates the Christ Light; connects with the energies of love, compassion, peace, strength and higher wisdom; dimensions; helps to connect with the crystal grid, the Christ net and the Source field

“Beloved Archangel Christiel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Soul Star Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

4 – PEARL CHAKRA – ALMIGHTY GOD MOTHER

“And now, I wish to contact my Pearl Chakra and the Almighty God Mother.”

Reminder	Location:	half an arm’s length above the head
	Colour:	whitish silver, pearl colour
	Function:	multi-dimensional messages from higher levels; bringing down energy of higher quality and manifesting it on the physical level; healing; protection; commitment to Self and control of Self

“Beloved Almighty God Mother, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Pearl Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your sacred healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

5 – CROWN CHAKRA – GABRIEL “Power of God”

“And now, I wish to contact the Crown Chakra and the Archangel Gabriel.”

Reminder	Location:	top of the head
	Colour:	white
	Function:	purity; peace; unconditional love-power; central regulator; connection to the Universe; hopes, dreams, aspirations; decision making; leading to Enlightenment

“Beloved Archangel Gabriel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Crown Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

6 – FOREHEAD CHAKRA (THIRD EYE) – URIEL “Light of God”

“And now, I wish to contact my Forehead Chakra and the Archangel Uriel.”

Reminder	Location:	middle of eyebrows, a thumb higher up
	Colour:	purple/violet
	Function:	intuition; the rhythm of the Earthly life; concepts of reality; intellectual insights; alchemical knowledge

“Beloved Archangel Uriel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Forehead Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

7 – EAR CHAKRA – IZAEEL “Gift of God” (Daughter of God)

“And now, I wish to contact my Ear Chakras and Beloved Izael.”

Reminder	Location:	middle of the ear, cone shaped
	Colour:	magenta
	Function:	knowledge and capability of proper listening; hearing spirit guides; distinguish truth from negative self-talk; sense of worthiness and emotional states

Beloved Izael, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Ear Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

8 – THROAT CHAKRA – MICHAEL “He who is like God”

“And now, I wish to contact my Throat Chakra and the Archangel Michael.”

Reminder	Location:	middle of the throat
	Colour:	blue
	Function:	communication; Divine inspiration; mediumship; expressions; receiving; integrity

Beloved Archangel Michael, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Throat Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

9 – THYMUS CHAKRA – HANIEL “God’s Grace”

“And now, I wish to contact my Thymus Chakra and the Archangel Haniel.”

Reminder	Location:	underneath pit of the throat
	Colour:	turquoise
	Function:	eye of the Soul; change of DNA; telepathy; invocation of the Higher Self; forgiveness; inner guidance

“Beloved Archangel Haniel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Thymus Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

10 – HIGHER HEART CHAKRA – CHAMUEL “He who sees God”

“And now, I wish to contact my Higher Heart Chakra and the Archangel Chamuel.”

Reminder	Location:	three finger widths underneath the pit of the throat
	Colour:	pink
	Function:	presence of Divine quality; Divine love; faith; belief in ourselves and in relationships; soul family; Divine changes

“Beloved Archangel Chamuel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Higher Heart Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light, and let them be permeated by your Divine Energy and Virtues. Thank you.”

11 – PHYSICAL HEART CHAKRA – RAPHAEL “Healer of God”

“And now, I wish to contact my Physical Heart Chakra and the Archangel Raphael.”

Reminder	Location:	in the middle of the sternum
	Colour:	green
	Function:	human love; love towards all created beings, oneness with all life forms; giving and receiving love; helps to bring mind, body and spirit back into alignment with the soul path and purpose; helps eliminate all toxic energies; works for healing of Nature, animals and plants, also together with archangel Ariel

“Beloved Archangel Raphael, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Physical Heart Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

12 – SOLAR PLEXUS CHAKRA – JOPHIEL “Beauty of God”

“And now, I wish to contact my Solar Plexus Chakra and the Archangel Jophiel.”

Reminder	Location:	four finger widths above the belly button
	Colour:	Sun yellow
	Function:	power centre; willpower; transformative place of toxic patterns; collecting and evenly distributing energy; creativity; teaches how to think beautiful thoughts to develop beautiful souls

“Beloved Archangel Jophiel, please guide me and help me protect, cleanse, purify, protect, balance, harmonize, heal and recharge my Solar Plexus Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

13 – SACRAL CHAKRA – RAGUEL “Shepherd of God”

“And now, I wish to contact my Sacral Chakra and the Archangel Raguel.”

Reminder	Location:	four finger width below the belly button
	Colour:	orange
	Function:	creating and creativity; the path of living with integrity and high moral standards; personal peace and harmony

“Beloved Archangel Raguel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Sacral Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

14 – ROOT CHAKRA – ARIEL “Hearth of God” (also “Lion of God”)

“And now, I wish to contact my Root Chakra and the Archangel Ariel.”

Reminder	Location:	base of pubic bone
	Colour:	blood red
	Function:	life force; vitality; strength; courage; abundance; prosperity; manifestation

“Beloved Archangel Ariel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Root Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

15 – PALM CHAKRA – RAZIEL “God’s Secret”

“And now, I wish now to contact my Palm Chakras and the Archangel Raziel.”

Reminder	Location:	middle of the palm
	Colour:	Sun yellow
	Function:	transferring energy; magic and alchemist; turns ideas into gold

“Beloved Archangel Raziel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Palm Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

16 – ELBOW CHAKRA – MIGUEL “Resemblance to God”

“And now, I wish to contact my Elbow Chakras and the Archangel Miguel.”

Reminder	Location:	elbow front and back
	Colour:	orange
	Function:	being open minded; flexibility; adaption to tasks at hand

“Beloved Archangel Miguel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Elbow Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

17 – KNEE CHAKRA – ZADKIEL “Angel of Mercy”

“And now, I wish to contact my Knee Chakras and the Archangel Zadkiel.”

Reminder	Location:	middle of the knee, front and back
	Colour:	violet
	Function:	healing past and present life; painful memories; choosing forgiveness; the will to live on Earth

“Beloved Archangel Zadkiel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Knee Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

18 – ANKLE CHAKRA – JEREMIEL “God’s Mercifulness”

“And now, I wish to contact my Ankle Chakras and the Archangel Jeremiel.”

Reminder	Location:	middle of the ankle, front and back
	Colour:	burgundy
	Function:	makes life more in line with life purpose; warmth and strength; connecting; stability

“Beloved Archangel Jeremiel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Ankle Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

19 – SOLE CHAKRA – REMIEL “Compassion of God” (Archangel of Hope)

“And now, I wish to contact my Sole Chakras and the Archangel Remiel.”

Reminder	Location:	middle of the soles
	Colour:	strong lemon yellow
	Function:	creating physical and psychological health; body – psychic balance; guides the souls of the faithful into Heaven

“Beloved Archangel Remiel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Sole Chakras and make them work perfectly. Let these chakras, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

20 – EARTH CHAKRA (GROUNDING CHAKRA) – PHANUEL “The Face of God”

“And now, I wish to contact my Earth Chakra and the Archangel Phanuel.”

Reminder	Location:	half an arm’s length beneath, between the soles
	Colour:	chestnut brown
	Function:	grounding; security; protects from evil spirits; encourages to pursue an eternal relationship with God; total energy flow

“Beloved Archangel Phanuel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my Earth Chakra and make it work perfectly. Let this chakra, and also my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

21 – AURA – SERAPHIEL “Purification and Devotion”

“And now, I wish to contact my Aura and the Archangel Seraphiel.”

Reminder	Location:	top of the aura
	Colour:	emerald green with shades of white-gold-pink-violet
	Function:	burns away sins; keeps out evil spirits and thoughts; helping prayers; cleansing and strengthening aura

“Beloved Archangel Seraphiel, please guide me and help me protect, cleanse, purify, balance, harmonize, heal and recharge my aura, and make it whole with all its layers. Let my aura and my whole body and being receive your gracious healing light and let them be permeated by your Divine Energy and Virtues. Thank you.”

IV. EXPRESSING GRATITUDE

“And now with the deepest gratitude in my heart, I thank the Almighty God Father, the Almighty God Mother, Beloved Jesus Christ, the Archangels and All Light and Love Beings who helped me with this process. I am so grateful to You All for helping and supporting me at all times. Thank You!”

THE DIVINE LIGHT HELPERS OF THE CHAKRAS

CHRISTIEL “Follower of Christ”

Activates the Christ Light; connects with the energies of love, compassion, peace, forgiveness, courage, strength and higher wisdom; helps to connect with the crystal grid, the Christ net and the Source field

GABRIEL “Power of God”

Archangel of unconditional divine love-power; announces messages from God; purity; peace; divine writing and creativity

URIEL “Light of God”

Archangel of utmost wisdom and salvation; alchemical knowledge; gives intellectual insights, practical solutions and creative abilities

IZAEL “Gift of God” (Daughter of God)

The Divine Daughter; teacher of virtues; leader of Virtues [=divine entities]; guides humanity towards enlightenment

MICHAEL “He who is like God”

Prince of Heaven; chief of the heavenly battalion; defender of Light; protector and guardian of mankind

HANIEL “Grace of God”

Archangel of intuition and inner guidance; a powerful guardian of souls; grants access and carries the keys to heavenly locations; allows the works of heavenly higher vibrations to be implanted and manifested on Earth; aids in the development of courage, endurance and commitment; enhances a positive sense of the Self with limitless potential

CHAMUEL “He who sees God”

Angel of peace and peaceful relationships; helps discover more about God’s unconditional love; by inspiring inner peace, helps to build confidence, self-esteem, and self-forgiveness; also helps resolve conflicts with others and forgive those who did hurtful and insulting things; finding and nurturing romantic love; helps to reach out to serve people in turmoil who need help to find peace

RAPHAEL “Healer of God”

Archangel of powerful healing; supports both healing and healers; stimulates and inspires miracles that heal all kinds of ‘dis-eases’ and imbalances: physical, mental, emotional, spiritual and energetic; helps to bring mind, body and spirit back into alignment with the soul path and purpose; opens the heart chakra and helps to address and release deep emotional wounds; helps eliminate all toxic energy; works for healing of Nature, animals and plants, also together with archangel Ariel

JOPHIEL “Beauty of God”

Helps to see the beauty in all things; inspires creativity and appreciation; balances negative and positive emotions; teaches how to think beautiful thoughts that can help develop beautiful souls; illuminates the reality of situations; battles ignorance caused by misunderstanding

RAGUEL “Shepherd of God”

Archangel of harmony; makes peace and provides strength and balance on Earth; helps find personal peace and harmony within, also in relationships; shows the path of living with integrity and high moral standards; steers to an honest path so that justice can be brought to an unjust situation

ARIEL “Hearth of God” (also “Lion of God”)

A Seraph and Virtue; archangel of nature; restores nature and its inhabitants; strength and courage; archangel of abundance, prosperity, and manifestation; aligned with the complete abundance present within the physical world

RAZIEL “Secret of God”

Angel of magic, a sorcerer and alchemist; helps to understand ideas that defy ordinary logic; gives deep spiritual insight; turns ideas into gold

MIGUEL “Resemblance to God”

Angel of flexibility, persistence, endurance; helps to develop flexibility, strength of mind, tolerance and fortitude in case of excessive stubbornness

ZADKIEL “Mercy of God”

Helps heal emotional wounds by comforting people and healing their painful memories; helps deliver divine power that people can tap into to enable them to choose forgiveness, despite their hurt feelings; helps repair broken relationships by motivating estranged people to show mercy to each other

JEREMIEL “Mercifulness of God”

Angel of spiritual visions; a teacher and a mentor; awakens clairvoyant gifts; helps to evaluate life to make it more in line with life purpose; warmth and strength to people who are ill or have an important speech to deliver

REMIEL “Compassion of God” (Archangel of Hope)

Angel of forgiveness and hope; guides the souls of the faithful into Heaven

PHANUEL “The Face of God”

Angel of hope and repentance; encourages to pursue an eternal relationship with God; protects from the evil spirits

SERAPHIEL “Purification and Devotion”

Chief of the seraphim angelic choir, the order of angels that is closest to God; Seraphiel Archangel emanates the fire of pure devotion to God that burns away sin; He is the Archangel of Prayers; He works with the Archangel Michael to direct the seraphim’s work emanating the Creator’s energies of justice and compassion outward from heaven throughout all of creation; Seraphiel inspires people to become inflamed with God’s pure love