

## CHAKRA CLEANSING WITH VIOLET FLAME AND DIVINE LIGHT AND LOVE FORCES

### I. Step

Say:

***Beloved Source of All Creation, the Holy Trinity, Archangels, Angels, Violet Flame, Quan Yin, St. Germain, Violet Flame Angels and Guides, and all Light and Love Helpers. Please, help me to cleanse, consecrate and purify my chakras and my whole being. Please, remove and transmute any negative energy so I can from now on have a solid connection with my soul and make the qualities of my soul manifest in my physical existence. Please help also to make my chakras and aura shine, dazzle, sparkle and function according to the Divine Design giving me perfect health and a happy life. Thank you.***

### II. Step

Say:

*I invoke now the energy of the Violet Flame, the energy of Christ and the energy of the Great Central Sun to cleanse, consecrate and purify my Chakras removing, transmuting any negative energy, and to make the Chakras happy and healthy. Thank you.*

(During cleansing imagine at each chakra that the Violet Flame fire burns away all unwanted and all negative energies in and around the chakras. Then see them shining up in dazzling healing gold, after that dazzling diamond and finally in the colour of their healthy state of this dimension.)

#### 1. EARTH CHAKRA

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Phanuel and All Light and Love Helpers. Please, make my Earth Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally goldish sparkling chestnut brown)*

#### 2. SOLE CHAKRAS

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Remiel and All Light and Love Helpers. Please, make my Sole Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling lemon yellow)*

#### 3. ANKLE CHAKRAS

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Jeremiel and All Light and Love Helpers. Please, make my Ankle Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling deep red.)*

#### **4. KNEE CHAKRAS**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Zadkiel and All Light and Love Helpers. Please, make my Knee Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling violet.)*

#### **5. ROOT CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Ariel and All Light and Love Helpers. Please, make my Root Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling deep red.)*

#### **6. SACRAL CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Raguel and All Light and Love Helpers. Please, make my Sacral Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling orange.)*

#### **7. SOLAR PLEXUS CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Jophiel and All Light and Love Helpers. Please, make my Solar Plexus Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling sun yellow.)*

#### **8. PHYSICAL HEART CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Raphael and All Light and Love Helpers. Please, make my Physical Heart Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling emerald green.)*

#### **9. HIGHER HEART CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Chamuel and All Light and Love Helpers. Please, make my Higher Heart Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling pink.)*

## **10. THYMUS CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Haniel and All Light and Love Helpers. Please, make my Thymus Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling turquoise.)*

## **11. ELBOW CHAKRAS**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Miguel and All Light and Love Helpers. Please, make my Elbow Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling orange.)*

## **12. PALM CHAKRAS**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Raziel and All Light and Love Helpers. Please, make my Palm Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling sun yellow.)*

## **13. THROAT CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Michael and All Light and Love Helpers. Please, make my Throat Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling sky blue.)*

## **14. EAR CHAKRAS**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Holy Izael and All Light and Love Helpers. Please, make my Ear Chakras happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling magenta, reddish violet.)*

## **15. FOREHEAD CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Uriel and All Light and Love Helpers. Please, make my Forehead Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling violet.)*

## **16. CROWN CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Gabriel and All Light and Love Helpers. Please, make my Crown Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling white.)*

## **17. PEARL CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Almighty God Mother and All Light and Love Helpers. Please, make my Pearl Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling pearl white.)*

This chakra is the energy centre of Divine Love, of spiritual compassion and spiritual selflessness. It contains your karmic residue; activates spiritual skills contained in the seventh chakra.

## **18. SOUL STAR CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Archangel Christiel and All Light and Love Helpers. Please, make my Soul Star Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling silverish white.)*

This chakra is the Soul blueprint. It contains the total skills and abilities learnt in all life times, also Divine creativity, synchronicity of life. Here occurs the merging of the masculine and feminine within.

## **19. CHRIST CONSCIOUSNESS CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun and All Light and Love Helpers. Please, make my Christ Consciousness Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling gold.)*

This chakra is the path to the Soul; the ability to acquire advanced spiritual skills (travel beyond the limits of time and space, teleportation, bi-location, instantaneous precipitation of thoughts, telekinesis).

## **20. DIVINE GATE CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Almighty God Father and All Light and Love Helpers. Please, make my Divine Gate Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond.)*

This chakra contains the ability to contact, channel, receive and pass on Divine Energy.

## **21. COSMIC GALACTIC CHAKRA**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ, Great Central Sun and All Light and Love Helpers. Please, make my Cosmic Galactic Chakra happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling white diamond.)*

This chakra helps connect to the Great Central Sun (the so-called Monadic/oneness level of Divinity). It contains understanding of and communication with the universe.

## **22. AURA, WHOLE BODY, MIND AND SOUL**

Say:

*Beloved Violet Flame, Quan Yin, St. Germain, Beloved Jesus Christ and Great Central Sun, Beloved Seraphiel, the highly honoured leader of the Seraphim and All Light and Love Helpers. Please, make my Aura, my Whole Body, Mind and Soul happy and healthy. Thank you.*

*(Violet Flame fire; then gold, after that dazzling diamond and finally sparkling rainbow.)*

### **III. Step**

- ❖ Once you have now reached the Cosmic Galactic Chakra, imagine your energy as 2 discs spinning in opposite directions around a central flame. You can do similarly to the Merkaba pyramids but now you imagine discs. You should be in the centre of this flame, and the flame will be Violet in colour.
- ❖ Expand the flame and loop the Violet Flame around each of the discs so that the discs also have Violet Light energy laced throughout them.
- ❖ Once you have finished, slowly climb down the ladders of the spiritual chakras.
- ❖ Exit through the Brow/Forehead chakra, and end the meditation there. You should feel completely energized and relaxed.

With this process you will not need to do a self-healing everyday because the energy loop lasts for roughly for 2 weeks. This type of self healing requires a lot of focus and energy so do not feel bad if it takes you a couple of tries before being able to reach the 12th chakra.