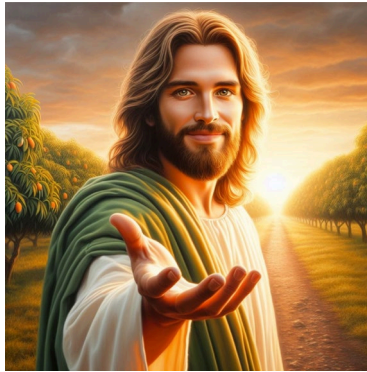


BLESSING OF THE DAY



SEVEN WORDS

ACCEPT, TRUST, DESIRE, SURRENDER, GRATEFUL, GOOD MORNING/GOOD NIGHT

GUARDIAN REIKI SYMBOLS

(KARUNA, VIOLET, ATLANTIS, SHAMBHALA)

ENTERING THE SEALS

- ❖ HOLY HEALING SEAL OF GOD
- ❖ HOLY SEAL OF JESUS CHRIST
- ❖ VIOLET FLAME ACTIVATION SYMBOL 'VIOLAIGNIS'

LORD'S PRAYER

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.
Our Father, who art in heaven, Hallowed be thy name.
Thy kingdom come. Thy will be done on Earth as it is in Heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
All forever and ever. Amen.

HAIL MARY

Hail Mary, Full of grace, the Lord is with you.
Blessed are you among women,
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
Pray for us now, and forever and ever. Amen.

- ❖ **Heavenly Father!** Thank you for the gift of a new day. As I rise, may your love and grace guide my steps. Bless me with strength, wisdom and compassion in all I do. Help me to spread kindness and light wherever I go. Protect me and my loved ones. Fill my heart with peace and joy. May my days be filled with blessings and love. In Jesus Christ's name. Amen.

- ❖ **Mighty God in me!** Beloved Mighty I AM Presence. I face Thy Eternal Sunrise, and I receive Thy Mighty Radiance and Activity visibly manifest in my experience now. (3x) Almighty I AM (3x)



REIKI PRINCIPLES

Just for today I do not worry.
 Just for today I do not anger.
 I honour my parents, teachers and elders.
 I earn my living honestly.
 I show gratitude to every living thing.
 Just for today all is well.
 And deeply aligned with my
 Sacred Journey into Oneness.

REIKI PRAYER

We unite with each other in love,
 As together we come into
 Complete harmony with Divine Being.
 With humility and gratitude
 We build this network of light
 To serve the highest good of all concerned.
 We pray for healing and awakening
 For ourselves and our world,
 So that we may learn
 To trust unconditionally
 In Divine nurturance and to act
 With compassion in all we do.
 We give thanks for the blessings
 And assistance of Divine Grace,
 And of the Highest and the most Holy Spiritual Guides.
 So Be It. Amen.

BLESSING TO THE SOURCE

We are together in Love and Faith, for our sake and for everyone else's.
 We pray and act with Perseverance, Patience and Modesty.
 For our Return to the Source, for our Human - Divine Being,
 For our Happy Life, for Perfect Health and for Abundance. Amen.
 Blessing to the Source, Blessing to the Light, Blessing to the Universe.
 Blessing to the Earth, Blessing to Us All. Amen.

PRAYER OF FAITH

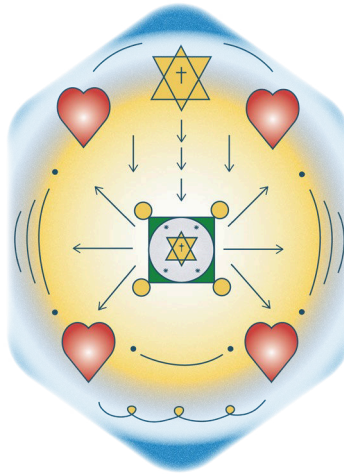
I believe in God, the Source of All Creation, the Divine Light and Love Energy. I believe in the Father Almighty, the Creator of All that is, and in the Mother Almighty, The Holy Almighty Spirit. I believe in Jesus Christ, Their Son, our Leader, and in Izael, Their only Daughter, our Helper. They are the Source of All Creation.

I believe in Their Arrival onto the Earth, and in Their 4 Life Codes, In the principles of Faith - and Health, Love, Togetherness and Happiness. I believe in Our Whole and Everlasting Life, based on the 4 Life Codes, Which is the true meaning of Our Existence. Amen.

ELIMINATING SUFFERING

(Physical, Spiritual, Mental)

EVOTIS



❖ **Beloved Archangel Michael!**

I ask now for your immediate tangible and visible presence, healing and protection in my space. I ask for the same for the whole Earth for the highest good of all. Thank you.

❖ **Beloved Jesus Christ!**

I ask now for your immediate tangible and visible presence, healing and protection in my space. I ask for the same for the whole Earth for the highest good of all. Thank you.

❖ **Beloved Almighty God Mother!**

I ask now for your immediate tangible and visible presence, healing and protection in my space. I ask for the same for the whole Earth for the highest good of all. Thank you.

❖ **Beloved Almighty God Father!**

I ask now for your immediate tangible and visible presence, healing and protection in my space. I ask for the same for the whole Earth for the highest good of all. Thank you.

❖ **Beloved Almighty Father Imael!**

In the name of Jesus Christ, I ask You to help me so that my day today and all the days to come may become an even greater prayer than yesterday. Thank You.

❖ **Beloved Source of All Creation, Jesus Christ and His government, Archangels, Angels and the Angelic Defence Army!**

I ask You to be with all of us today and bless our day. Thank You.

❖ **Beloved Source of All Creation, Jesus Christ and His government, Archangels, Angels and the Angelic Defence Army!**

I ask You to be with me today and with all my loved ones, my family, friends, acquaintances, with the entire Earth and all its inhabitants. Bless our day with Your presence, Your light, Your love and Your protection. Thank You.

(Imagine these Divine Forces appear in person, in physical bodies, in this physical dimension of Earth.)

- ❖ **Beloved Mighty I AM Presence**. In the name of Jesus Christ and by the power of his name and word, let the reality of His presence rule my every thought and action and His Truth be the master of my life.
Almighty I AM (3x)

BELOVED ALMIGHTY I AM PRESENCE AND MY BELOVED HIGHER SELF!

- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you to take complete control over my thoughts. Thank you.
(A golden light entering the head)
- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you to take complete control over my words and speech. Thank you.
(A golden light entering the throat)
- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you to take complete control over my senses, feelings and emotions. Thank you.
(A golden light entering the heart)
- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you to take complete control over my will, wishes, desires and needs. Thank you.
(A golden light entering the Solar Plexus chakra, the Sacral and Root chakra)
- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you to take complete control over my whole physical body. Thank you.
(A golden light entering and filling the entire physical body)
- Beloved Almighty I AM PRESENCE and my Beloved Higher Self!
In the name of the Beloved Jesus Christ, I ask you *to be the only guiding presence in my whole being and world*. Thank you.
(A golden light entering and filling the entire being and world)

TO THE SOURCE OF ALL CREATION

Almighty Universal Father, Beloved Source of All Creation!
Please bring light into me where there is darkness.
Strengthen me where there is weakness. Mend what is broken within me.
Heal what is sick within me. Please grant me Your peace and shower me
With Your love. Please do the same for my family, my friends,
My acquaintances, and all my fellow humans. Amen.

PRAYER FOR DIVINE INTERVENTION

Beloved Almighty God, Almighty Universal Father, Almighty Universal Mother and the Holy Spirit, Beloved Jesus Christ, Beloved Izael, Archangels, Angels, Good Deities, Ascended Masters, Good Fairies, Good Elementals and Brotherhood of Light! Please come to us now in this time of ours.
Help us recreate the kingdom of the Universal Father here on Earth.
Gild our lives with Your Presence. Teach us the real Truth, Love and Wisdom.
Help us establish and build relationships between dimensions according
To the Will of the God Father, Now and forever and ever. Amen.

- ❖ **Dear Galactic Brothers and Sisters, Representatives of Love and Light** who are entrusted to aid humanity and the Earth. In the name of Beloved Jesus Christ I ask now for your immediate visible and tangible physical presence and intervention in realization and fulfilment of the Great Divine Plan for the liberation and ascension of our Planet. Thank you.

TO THE ELOHIM

In the morning

Beloved Elohim, Beings of the Creator's Light,
Those who serve the Highest Love and Order.
I call You now, with pure intention.
I ask Your protection for my home,
My body, my soul, and my loved ones.
I ask you to keep every door, window and
Energy-gate open only to pure Light and Love.

Please, close every gap through which
Lower vibrations try to enter.
Raise the Flame of Light around us,
So that everything not born of love
Be transformed or returned to its source.

I invoke you now Archangel Michael.
Please, protect me with your sword
And powerful blue flame day and night.
I know I am not alone.
I know the light of my heart is strong enough.
No one has power over me.
I accept the Elohim Presence with deep gratitude.
Divine protection is now permanent.
Thank you. So it is.



In the evening

In the presence of the Divine Light and Love,
I call upon the Elohim to protect my space.
May only the Highest Light and Pure Love energies enter.
Please, close my space to all lower vibrations.
May Love and Light guard my dreams.
Thank you for being with me.

Visualization

1. See a pillar of light opening above your home. Seven rays of *rainbow light flow down in colours of red, orange, yellow, green, blue, indigo and violet, surrounded with gold and diamond white 'walls'. These are the colours of the Elohim energies.
2. Around the house, like a luminous dome, appears a translucent living light-field, pulsing.
3. Say:
Only Love and the Highest Light may pass through this field. So it is, now and always.

BLUE FLAME



SWEEP THE BLUE FLAME THROUGH ME!" (3x)
ALMIGHTY I AM.

SWEEP THE BLUE FLAME THROUGH ME!" (3x)
GIVE THY COMMAND.

SWEEP THE BLUE FLAME THROUGH ME!" (3x)
INCREASE IT EACH HOUR.

SWEEP THE BLUE FLAME THROUGH ME!" (3x)
LOVE, WISDOM AND POWER.

BLAZE... BOIL... DRIVE... SPIN... EXPLODE...

And right now, this instant and forever, sweep into the physical octave,
Swift as a flash, perfect as the Ascended Masters see it, and right now
descend!

Descend, Descend, Descend!
Defend, Defend, Defend!
Command, Command, Command!
I AM, I AM, I AM!

Control, Control, Control!
Take hold, Take hold, Take hold!
Enfold, Enfold, Enfold!
Our Victory, Victory, Victory hold.

Expand, Expand, Expand!
Our Freedom now demand!
In Thee we ever stand!
I AM, I AM, I AM!
The only Presence Acting!
Almighty I AM (3x)

VIOLET FLAME



SWEEP THE VIOLET FLAME THROUGH ME! (3x)
ALMIGHTY I AM.

SWEEP THE VIOLET FLAME THROUGH ME! (3x)
GIVE THY COMMAND.

SWEEP THE VIOLET FLAME THROUGH ME! (3x)
INCREASE IT EACH HOUR.

SWEEP THE VIOLET FLAME THROUGH ME! (3x)
LOVE, WISDOM AND POWER.

BLAZE... BOIL... DRIVE... SPIN... EXPLODE...

And right now, this instant and forever, sweep into the physical octave,
Swift as a flash, perfect as the Ascended Masters see it, and right now
descend!

Descend, Descend, Descend!
Defend, Defend, Defend!
Command, Command, Command!
I AM, I AM, I AM!

Control, Control, Control!
Take hold, Take hold, Take hold!
Enfold, Enfold, Enfold!
Our Victory, Victory, Victory hold.

Expand, Expand, Expand!
Our Freedom now demand!
In Thee we ever stand!
I AM, I AM, I AM!
The only Presence Acting!
Almighty I AM (3x)

VIOLAIGNIS



VIOLET FLAME CLEANSING

Step into a column of dazzling white light. Then invoke the Violet Flame.

I invoke You now with love Mighty Violet Flame,
Quan Yin, St. Germain and Angels of the Violet Flame.
Please listen to my prayer and act upon my request.
Help me bring forth the Golden Age and the Divine New Earth.

Dear Violet Fire, please cleanse, clear, purify and elevate
The body, mind, emotions and consciousness
Of Mother Earth, of the human collective
And of my own person and being.

Burn, burn, burn, Alchemize, alchemize, alchemize,
Purify, purify, purify, Elevate, elevate, elevate.

Dear Violet Fire, please help me bring forth
The Golden Age, the New Earth, the Violet Earth!
Rise, rise, rise now!
Golden Violet Beautiful Divine New Earth!
And so it is!"

- ❖ **I call now** for Archangel Michael's Help and Protection, for Archangel Uriel's Divine Light and Wisdom, Archangel Gabriel's Divine Power and Love, Archangel Rafael's Divine Healing Power and for the help of all Divine Helpers. Please, assist me in releasing all old and negative thoughts, patterns, relationships and behaviours, and help me in my physical, mental and spiritual development so that I'll be able to move to the Divine Vibrational Dwelling Place of mankind on the New Earth for the highest good of mine and everyone else's. Thank you!
- ❖ **Dear Archangel Michael.** I ask you in Jesus' name, please activate my divine electrons in my body now, and fill my entire being with the violet and the golden flames of Enlightenment and Ascension. Thank you.
- ❖ **I AM the Ascension in the Light.** (3x) I AM the Ascension of this Physical Body in this embodiment. (3x) Almighty I AM. (3x)
- ❖ **Beloved Mighty I AM Presence** and Great Host of Ascended Masters. I demand Heaven on Earth. I call Heaven on Earth. I expect Heaven on Earth. I AM Heaven on Earth, now made manifest. Almighty I AM. (3x)
- ❖ **I clothe this day** every atom of my being and my world with Divine Light, Infinite Love and Wisdom.
- ❖ **I AM the Almighty Presence here** charging and qualifying all Liquid I drink, all Food I eat, and all Air I breathe with the Pure Electronic Precipitated Light Substance from the Ascended Masters. Almighty I AM. (3x)
- ❖ **Beloved Jesus Christ!** Please raise now the frequency of my and my family's food and drink to your frequencies so that when we take them into ourselves, your essence shall be spread through our whole bodies, through every cell, tissue and organ. It raises our frequency and makes us happy and healthy. We thank you for filling us with love, respect, honour, gratitude and appreciation towards our food, ourselves and the Earth. Amen.
- ❖ **Dear God! I renounce all things** that have hindered your flow towards me and within me. And I ask you, in Jesus Christ's name, to transform me and fill me with your presence now and forever. Thank you.
- ❖ **Now I release with divine help** all that does not serve my highest good. I release all that is useless or harmful. I welcome all that serves me that is for my highest good and that of all people. I trust the Divine Love and Light Energy to provide me with all that I need for my highest good.
- ❖ **In the name of the Beloved Jesus Christ** I pray to you Almighty God Father. Please, provide me and every single good-hearted person and consciousness complete protection, perfect health, abundance, happiness and eternal life. Let Divine Love, Peace, Harmony, Serenity and Tranquillity be with us at all times, in all ways. Keep us safe each day and night. Bless us all! Thank you.
- ❖ **Dear God, provide me healing** for my whole body, mind and soul. Please break every word of curse, witchcraft and all the scheming and impact of negative forces. Help me to forgive everyone who has hurt me and done me wrong. Help me forgive myself for everything. Thank you.

- ❖ **I demand the Cosmic Light Substance** from the Ascended Masters come into me and produce Eternal Life, Youth, Beauty, Perfection, Healing and the Supply I require. Almighty I AM. (3x)
- ❖ **Through the Intelligence and Beauty which I AM,** I command you to take on Perfect Beauty of Form, for I AM that Beauty in every cell of which you are composed. You shall respond to my command and become radiantly beautiful in every way, in Thought, Word, Feeling and Form. I AM the Fire and Beauty of Your Eyes and I carry forth this Radiant Energy into everything into which I look. Almighty AM. (3x)
- ❖ **I AM the Mighty Pure Electronic Energy** of the God Almighty flowing through me, filling, renewing and healing every cell of my mind and body right now, and bringing my body into Perfect Normal Condition of Health, Eternal Life, Beauty, Youth, Harmony, Symmetry, Slenderness and Abundance. In Jesus Christ's name. So it is. Almighty I Am. (3x)
- ❖ **I AM the Mighty Pure Electronic Healing Energy** of the God Almighty flowing through my hands and healing everyone and everything who wants to be healed and whom I touch or send healing energy to. In Jesus Christ's name and with His Love and Power. So it is. Christi Power, enter me. (3x) Almighty I AM. (3x)

HEALING PRAYER OF THE GOD FATHER

Father, in the name of Jesus Christ, I speak now the word of healing.
We all might have been traumatised and hurt in our hearts and bodies.

Father, in the name of Jesus Christ, I ask you to remove all traumas
From our hearts, lungs, and from the whole chest area.
Remove all traumas from our necks and the whole spine.
Command all of that to go. Command all the pain to go,
Command all the cellular memory of it to go.

Father, in your name I speak now the words of freedom
To any damage that has been caused to us by stress
Throughout our lives in our body, liver and digestive system.
I speak the words of complete health, wholeness and resurrection
To those of our body parts that have given up functioning properly,
In particular the kidneys which might have chosen to go towards
dysfunction.

Father, in your name and to your glory, with the help of Jesus Christ,
I speak now resurrection and life to our kidneys, livers, physical
and energetic hearts, all our organs and to our whole being
So that we can ascend, to be revitalized and renewed.
Glory to God. So be it.

INVOCATION OF HOSTS OF LIGHT

- ✚ I call on now the powerful hosts of Light to establish a circle of perfect protection around me so that nothing but good can enter. Thank you.
- ✚ Beloved Archangel Michael, I ask you to cleanse the walls, spaces, objects, people and guests of this home from all negative emotions, negative energy, negative thoughts, curses, hexes, entities and everything that does not serve good. Please fill me and my family with love and surround us with protection. Put angels in the doors and windows to protect us with love and to surround us with joy. Thank You.
- ✚ Beloved Archangel Michael, may the guardian angels of your heavenly legions come to free me and everyone of us. Purify, illuminate, and manifest the glory of the perfection of Light.
- ✚ I invoke You now, Beloved Mighty and Powerful Archangel Michael to stand at my right-hand side. Please grant me the strength, courage, integrity, and protection I need to fulfil my purpose in this incarnation. Please, use your sword to cut away any doubts and negativity. Surround me with your protection, so that I may always work on the side of good. Thank you for standing in this presence. Amen.
- ✚ I invoke You now, Beloved Mighty and Powerful Archangel Uriel to stand on my left-hand side. Please release all my tensions, worries, and insecurities. Grant me tranquillity and peace of mind. Help me to serve others, and to give and receive generously. Open my heart and fill it and my entire body with Divine Light. Help me to shine brighter and to rise above lower vibration of fear. Help me to stand within my truth, and within Divine Light and Love. Let me shine my Light brighter to help raise the vibration of others. Thank you for standing in this presence. Amen.
- ✚ I invoke You now, Beloved Mighty and Powerful Archangel Raphael to stand in front of me. Please fill me with wholeness, perfection and good health. Help me heal the wounds from the past. Please heal and restore every aspect of my being. Thank you for standing in this presence. Amen.
- ✚ I invoke You now, Beloved Mighty and Powerful Archangel Gabriel to stand behind me. Please bring me insights so that I may always walk in the Light. Remove all my doubts and fears, and purify my body, mind and spirit. Fill me with Your Powerful Divine Love and Strength. Thank you for standing in this presence. Amen.
- ✚ Beloved Jesus Christ. Your name is Light, Food, and Medicine. When uttered and invoked, it forthwith fills our cells and our whole bodies with light and love. It is the Medicine that soothes our pains, might they be physical, mental or emotional.
- ✚ I invoke You now, Beloved Jesus Christ. Please, raise my vibrations so that I can experience your physical presence. Take a seat beside me. Manifest in and around me your perfection of Love and Light. Heal my and my family's bodies, minds and souls. Heal every living being on Earth. Heal our entire planet and the whole world. Thank you.

- ❖ **In the name of Beloved Jesus Christ** I ask the Healing Light, Love, Power and Wisdom of the Almighty God to free me, my family, all my friends, acquaintances, all humanity, animals, plants and consciousness, the whole Earth and the entire Universe from all evil and its creations, all disasters, all traumas, including physical and psychological pain, diseases, distressing life conditions of health and finances, all suffering and death. Let us all be happy, healthy and well in every way. Let the Great Plan of the Creator happen.

I ask now the Almighty Source of All Creation, the Beloved Jesus Christ and His Holy Government, and the Heavenly Militia: Please be present among us in tangible and visible physical format here on Earth, at this time of ours and forever. Please let me see, feel and experience Your Presence right now.

Make all diabolic and negative entities and energies, Ahriman, Lucifer, and all of them be immediately, completely and permanently transformed into light or destroyed, eradicated and annihilated in this earthly physical dimension and in all dimensions, planes and levels in the whole Universe at the same time, right now.

I see and feel now that the Earth and we all are

- Perfectly healthy (Emerald Green)
- Completely loving and affectionate towards each other and everybody and everything (Pink)
- We all follow and cherish the Will of our Almighty God Father in our lives (Diamond)
- We all know and feel that we are One (Gold)
- We all are perfectly happy (Diamond-Gold)
- We can all do our life tasks (Blue)
- We all have material freedom (Emerald Green-Gold)

- ❖ **Mighty I Am Presence, Blessed Saint Germain,** Beloved Jesus Christ, Great Divine Director, Mighty Astrea, Archangel Michael, Oromasis and the Lord of the Flame from Venus. Send thy Angel Devas of the Blue Lightning of Divine Love to seize, bind and remove from within and around all entities, carnate and discarnate, forever. If they are discarnate, take them out of the atmosphere of the Earth and to the feet of the Ascended Masters. Offer them Saint Germain's Instruction of the 'Mighty I Am Presence' and if they will accept it, teach them this Mighty Truth and prepare them, so they can make their Ascension in the next embodiment. If they will not accept it, keep them bound until they willingly and gladly serve the 'Mighty I Am Presence' and the Ascended Masters in Eternal Love. This which we decree now, we command for us all, for mankind and the world. We thank Thee, Great Host of Light. It is done this instant. And we praise Thee, Thou Precious 'I Am Presence' forever!

- ❖ **Mighty I Am Presence, Great Host of Ascended Masters,** Mighty Legion of Light and Great Angelic Host! Take charge and possession of the Earth, its people and all activity. Charge forth the Mighty Perfection of the 'I Am Presence' and hold its Active Dominion here forever.

- ❖ **May we all and the whole Earth be blessed** by the Almighty Light and Love Energy, the Source of All Creation, the Almighty God Father, the Almighty God Mother, Beloved Jesus Christ and Izael, and Their Representatives, the Archangels, Angels, and all Light and Love Forces. May They bless us with healing, good health, love, peace, prosperity, happiness, all support we ever need and with Eternal Life. May the Power, Love, Light and Healing Energy of the Almighty God always be with and around us. Let Them be our constant companions on our journey. May we be blessed, in the name of Jesus Christ, by Light and Love, by the Energy of the Almighty God forever and ever. And it is so. Amen.
- ❖ **I AM the Cosmic Law's Miracle Action** of the Sacred Fire that prevents all destructive plans from action and annihilates all evil and its creations, all natural and man-made disasters, all wars, hostility, greed, poverty, diseases, death and all suffering. Almighty I AM. (3x)
- ❖ **Beloved Lanto, Beloved Mighty I AM Presence** and that of all mankind, the Ascended Masters and Cosmic Beings who control the Powers of Nature and Forces of the Elements. Flash into all evil and its creations, all natural and man-made disasters, all wars, hostility, greed, poverty, diseases, death and all suffering, whatever Sacred Fire Love's Eternal Purity you know. Control and shut off all these destructive actions! Almighty I AM. (3x)
- ❖ **Beloved Mighty I AM Presence.** You take command of all evil and its creations, all natural and man-made disasters, all wars, hostility, greed, poverty, diseases, death and all suffering. Sweep your Mighty Energy into them, produce your perfection and hold your dominion there! Almighty I AM (3x). (Say with great calm and serenity)

WITH TROUBLES

Say all commands with great calm and serenity.

- ❖ By the Sacred Fire of the Mighty I AM Presence Peace, be still! Almighty I AM. (3x)
- ❖ By the Sacred Fire Authority of the Mighty I AM Presence and by the Invincible Will of the Sacred Fire of the Seven Mighty Elohim I command this disturbing condition be still and be no more. Almighty I AM. (3x)

NATURAL DISASTERS

- ❖ I AM the Cosmic Law's Miracle Action of the Sacred Fire that prevents all destructive plans from action. Almighty I AM. (3x)
- ❖ Beloved Lanto, Beloved Mighty I AM Presence and that of all mankind, the Ascended Masters and Cosmic Beings who control the Powers of Nature and Forces of the Elements. Flash into this...(storm/flooding/fire/earthquake, etc.), whatever Sacred Fire Love's Eternal Purity you know. Control and shut off this destructive action! Almighty I AM. (3x)
- ❖ Beloved Mighty I AM Presence. You take command of ...(that individual, environment, situation, etc.). Sweep your Mighty Energy into it, produce your perfection and hold your dominion there! Almighty I AM. (3x)



- ❖ **I am a Child of the Creator filled with Light and Harmony.** My body is a temple where Divine Energy resides. Streams of healing power flow into every cell of my being restoring balance and gifting me perfect health. I feel the Divine Christ Light of Shambhala filling me completely. My heart beats in rhythm with the energy of Creation infusing every part of my body with love and vitality. My breath is deep and calm, as steady as the breath of the universe. My immune system is a fortress illuminated by the Wisdom and Protection of Light. All the organs and systems of my body work in perfect harmony dancing with the Divine Christ Energy of Shambhala. My body knows how to heal, renew and fill itself with strength. I am a channel for Divine Energy. With every inhale I receive the Light of Health. With every exhale I release all that does not serve me. Around me there is an aura of Light, Peace and Infinite Strength. Every cell in my body sings in unison with the vibrations of the Universe. I thank now Shambhala for its healing energy, its Support and its Light. My health is a gift that I accept with love and gratitude. I am in harmony with myself, with my body and with the world. I am a Source of Health, Strength and Love.

- ❖ **I call my power back to me.** I call my energy back to me.
I call my magic back to me. I am cleansed and disconnected from anything that may drain me. I am shielded from any energy that does not serve me. I am safe. I am protected. I am whole. And so it is.

- ❖ **Dear Lord**
Uphold me according to your word. Redeem my life to meet my responsibilities in the world. Convert my life to use my God-given talents and abilities. Alternate my life to fulfil my place here on Earth. Help me to see and feel Your guidance now. And please show me the way to the perfect opportunity to do what I love, to do what I can do well, and what will fulfil my life mentally, spiritually, and financially. I am walking in the belief of this now as You show me the way! Thank You, Lord. Amen!

- ❖ **Regaining My Original Power**
By the power of my free will, I demand complete justice, the restoration of my Divine rights and all abundance! All dark powers and rituals that were intended to control or to bind me are now annihilated. I command that I regain and get back the full ownership of all my stolen energy, possessions, properties and belongings for the rest of my life! Let all corrupt systems be exposed and abolished. All my taxes be refunded with interest now. Freedom, Sovereignty, Abundance and Justice for all of Humanity!



- ❖ **Beloved Archangel Michael**, Protect us from all evil forces, from all negative thoughts and feelings so that they can't rule over us any more. Please, be our defender! With your divine power, overcome and transform into light all wickedness and all troubles that afflict this world. Expel all demons and harmful energies that dwell in us and around us. Don't let them surround us and drain our life force. Please do not allow us to listen to voices of temptation but free us from all evil. May Light, Goodness, Truth and Love prevail. So be it.
- ❖ **Beloved Mighty I AM Presence**. Enfold me now with my Mighty Magic, Electronic Tube of the Ascended Masters' Light Substance. Make it so Powerful that no human creation can pass through. See that it keeps me Invisible, Invincible and Invulnerable to everything but Thy Almighty Divine Perfection. Almighty I AM. (3x)
- ❖ **I AM, I AM, I AM, by all God's Love** I know I AM, my Mighty Magic Electronic Circle of Protection around me which is invincible and repels from me every discordant thought, feeling and element, which seeks to find entrance or intrude itself. I AM the Perfection of My World and is Self-Sustained. Almighty I AM. (3x)
- ❖ **I call you Beloved Archangel Michael**. Please protect me always and everywhere with your magical sword of blue flame and please clear off from the Earth and from me everything that is not Love and Divine. Please, fill me and enfold me with your beautiful Silver Blue Light that cleanses me, strengthens me, protects me from everything, and activates my Divine Electrons in My Body. Almighty I AM. (3x)
- ❖ **I call you Beloved Mary, God Mother**. Please enfold me with the Platinum Silver Mirror Pyramid of Your Protection outside of my golden globe that protects me from all viciousness, drives and binds all viciousness from my life from now on back to the brains and bodies of its creators and claws and annihilate, annihilate and annihilate it all, cause, effect, record and memory from me, from my atmospheres and environments forever. Almighty I AM. (3x)
- ❖ **There is only God**, the Beloved Mighty I AM Presence in action present everywhere and in everything, with which I am concerned. (3x) Almighty I AM. (3x)
- ❖ **There is only God**, the Beloved Mighty I AM Presence in action present in every individual filling official places. (3x) Almighty I AM. (3x)
- ❖ **Beloved Mighty I Am Presence**. Dissipate and consume this wrong creation. Dissipate and consume all wrong creations from every aspect of my life.

- ❖ **There is only God acting** in this situation, and He will bring Right and Justice out of it.
- ❖ **Seemingly the outer has made a mistake.** I call on Thy Law of Forgiveness. See that this is adjusted quickly and completely.
- ❖ **Mighty I Am Presence.** I request to know the right attitude and activity that I should take in adjusting and solving this problem.
- ❖ **Mighty I Am Presence and Great Host of Ascended Masters.** Take quick command here! Seize, bind and remove instantly all entities, carnate and discarnate, within and around this... (problem). Take possession of all and produce your Perfection here forever. It is finished and I thank You. (To clear the way for quick accomplishment and individual action.)
- ❖ **Mighty I Am Presence. Reveal to me Your True Solution** of this situation in which I seem to be concerned. Come forth in Your Wisdom and Strength and solve this in Divine Order without another moment's delay. I recognize that you need no time, place, nor space, but that Your All Power Activity is now. I accept this fact.
- ❖ **Cord Cutting**
In the name of the Beloved Jesus Christ, I ask you, Beloved Archangel Michael to assist me in cutting all unnecessary, harmful and unhealthy bonds, all cords to people, situations, environment and time, and make this process complete and sealed. Thank you. Now I turn to you...with a full heart, with love for the place you once held in my life. May you be happy in the life you have chosen. I now take back all the energy that has been taken from me or that I have given away, and I return the energy that I still hold from you. May I be free from the ties that bind us. May all cords be cut, transmuted and dissolved. May all energy return to its original sender with power, peace and forgiveness. I ask the Mighty Archangel Michael and All Light and Love Helpers to assist me in making this complete, final and sealed now. Thank you. So it is.

INVOKING THE GREAT CENTRAL SUN



"I invoke You now Almighty Great Central Sun to bless and fill me with Your Fiery Energy of the Highest Divine Light and Love. Let my being and the whole Earth be permeated with Your dazzling diamond and sparkling gold light. Please envelope me with and beam through me Your mighty energy of the Highest Divine Consciousness, which is unimaginably beneficial to man and all living beings. Let Your unipolar, cell healing, harmonizing and resurrecting power restore and heal my body, mind, and soul, recalibrate and restore my Divine genetic code to its perfect, healthy original divine state. Thank you. So it is." "I am so grateful to be able to participate in the cleansing, healing and raising of the frequency of the Earth, and in the fulfilment of the Great Divine Plan for our beloved planet, all of humanity, and for all living beings on Earth."

☼ **"I am a pure channel of the Highest Divine Light and Love Energy, the Energy of the Great Central Sun, the Highest Divine Consciousness. I receive it with deep gratitude and conduct it through my energy space, filling the whole Earth with it for the highest Good of all. And so it is."**

(Feel the diamond and gold energy of the Great Central Sun pouring down to your energy space and from there to the Earth flooding and bathing it.)

The Universal Plasma Energy carries the fiery particles of the Universe, which include the Energy of the Great Central Sun. It acts at the cellular level; changes the structure of damaged cells and aligns them with the rest - healthy ones, thereby harmonizing the work of the organs. Like all other Divine energies, it has its own consciousness. This Energy is of a Universal scale, and therefore unipolar, and it is simply unable to interact with a person whose desire is of a dual nature. If your desire is directed for the benefit of humanity, then it will immediately respond to your call. It works even at the genetic level, eliminating distortion in Divine genetic code of a person.



SAINT GERMAIN'S VIOLET FLAME AND MANTLE OF FREEDOM

Beloved Mighty I AM Presence, beloved Saint Germain,
All the Cosmic Beings and Violet Consuming Flame,
I demand all Ascended Master Strength necessary
To hold myself, this outer self obedient to The Mighty I AM Presence.
I command and compel this outer self of mine
To give obedience to The Mighty I AM Presence and
It's Great Divine Way of Purity, Love, and Freedom
With Perfection Unlimited for Eternity!

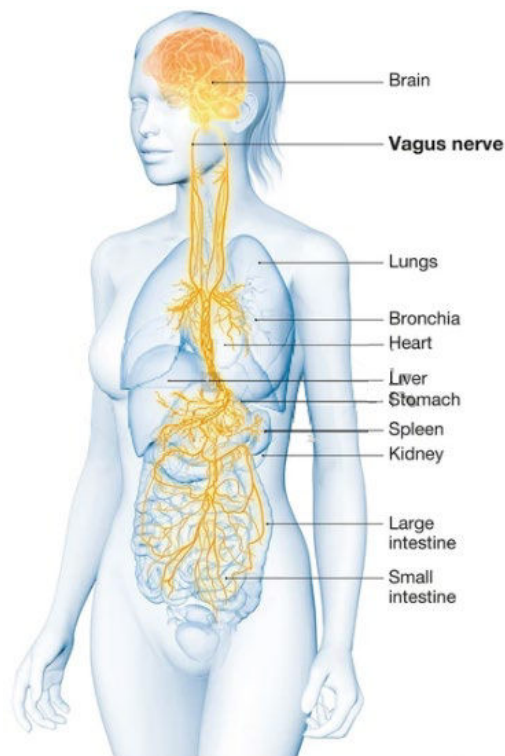
Beloved Mighty I AM Presence, I command every bit of energy
In me and my world, and all I ever contact,
Be flooded with the Violet Flame now,
And raised into the Victory of the Heart Flame
Of my BELOVED Mighty I AM Presence,
And the Victory of the Heart Flame of the
Ascended Masters' Octave of Life.

I receive, accept, and absorb the Ascended Master Feeling
As it comes into me as the Power House from which I can draw
Any amount of Power to do what is required in the completion
Of the cleansing of the Earth, as well as to protect me,
Supply me, enfold my loved ones, and raise us all into the
Ascended Masters' Octave of Eternal Harmony!
Mighty I AM Presence, beloved Saint Germain, and the
Ascended Hosts of Light. Charge and make everything
In my being and world with the Violet Flame Feeling of the
Ascended Masters' Freedom and Control of all things!

Beloved Saint Germain, I AM receiving and accepting the
Crystal Cap, Crystal Armour, Crystal Cross of the Thousand Suns,
Your Mantle of Freedom, and Your Cloak of Invisibility
That the hordes of evil might never find me again!
I accept and feel the Cosmic Mantle of Invincible Protection
And the Cosmic Cloak of Invisibility around me
That no longer allows any human creation
To even come in my direction!

I live within the Heart of the Violet Consuming Flame.
I AM making everything in my world.
It is the world of Eternal Freedom.
I AM becoming a Sun Presence of Happiness!"

(Beloved Saint Germain, December 29, 1956)

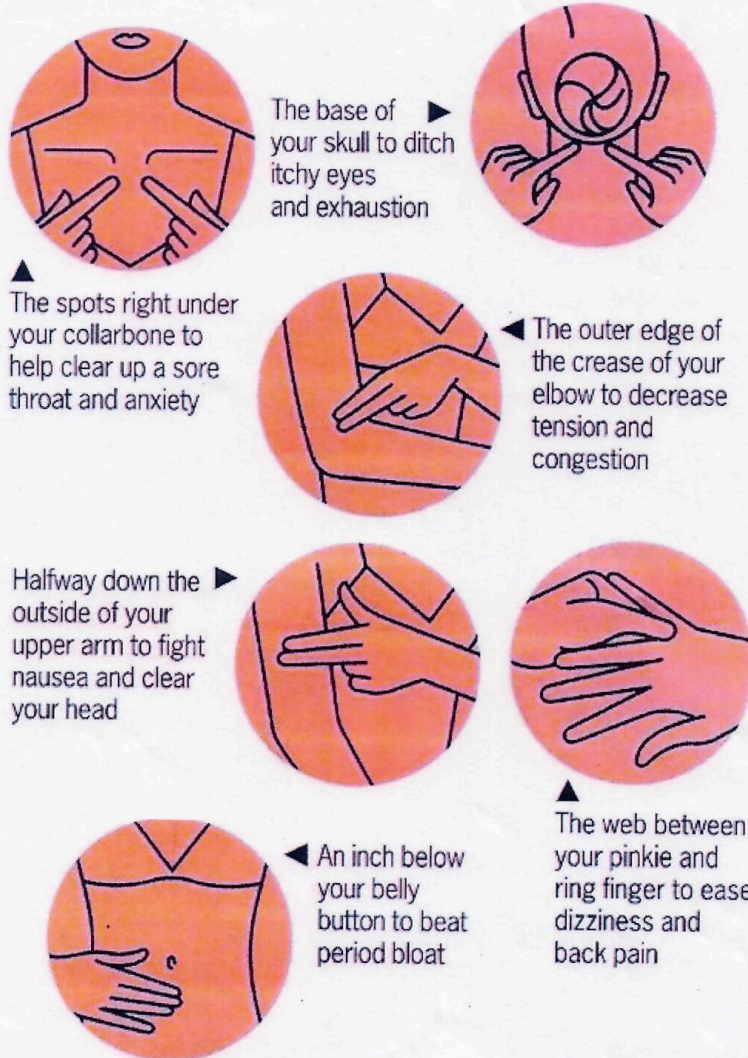


SOUNDS FOR VAGUS STIMULATION
(Jim Donovan)

Eeeem (í.....m)	Top of the Head
Aimm (é....jm)	Forehead and Back of the Neck
Iyym (á..j...im)	Sides of the Neck
Ahhm (á...hm...)	Heart (palms on each other)
Ohhmmm (ó....hm...)	Solar plexus (palms on each other)
Uhhmm (ú.....hm...)	Belly button (palms on each other)
Haaamm (há...m...)	Waist (hands on both sides of the waist)

Your Key Pressure Points

Touching and pressing these points for 10 to 30 seconds will heal what ails you.



- KID 27** - 2 cun lateral to ventral midline, on the inferior border of the clavicle. (Sore throat, anxiety, immune system)
- BL 10** - In the depression, 1,3 cun from midline, 0,5 cun anterior hairline. (Itchy eyes, exhaustion, extreme fatigue)
- LI 11** - The outer edge of the crease of the elbow. (Tension, digestion)
- LI 14** - Halfway down on the outside of the upper arm (Lymphadenitis tuberculosis in the neck, throat, armpit region, diseases of the eye)
- SI 2** - Web between little finger and ring finger. (Dizziness, back pain)
- CV 7** - 1 cun below the umbilicus (navel, belly button); (abdominal pain, fullness, swelling, period bloat); [CV 6 - 1, 5 cun below navel, all states of weakness, immune system.]