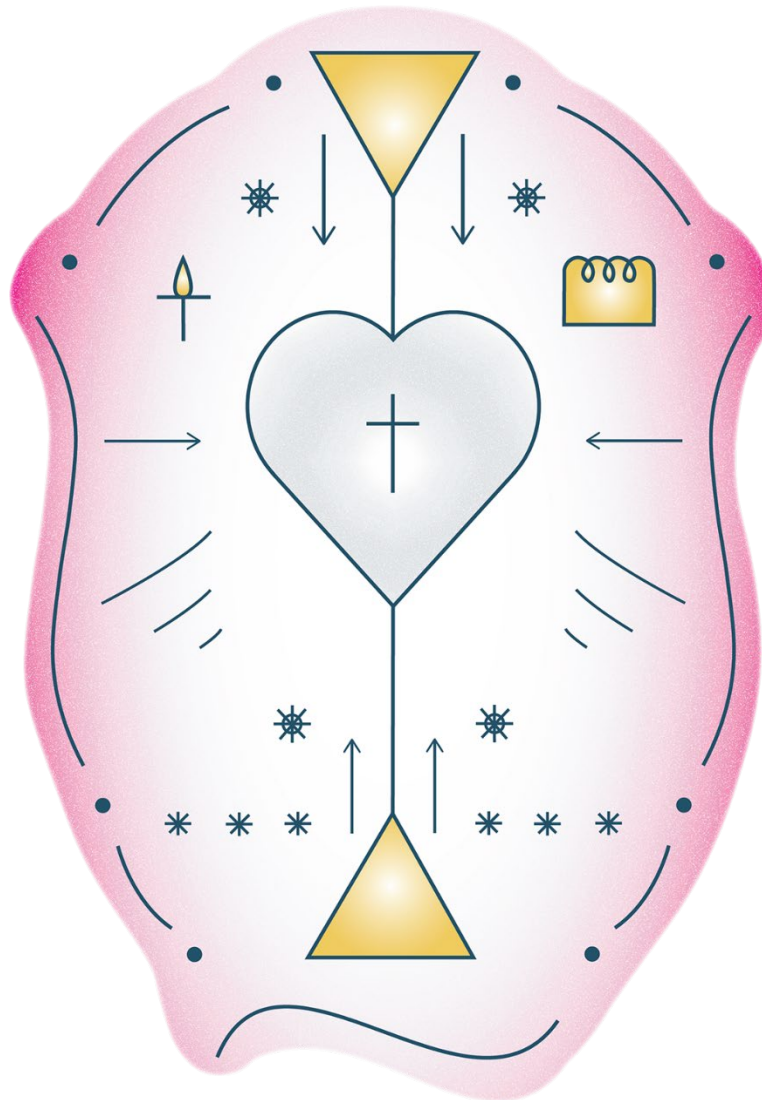


Thanks and Gratitude

ILINOS
[I L I N O S]



The symbol helps us develop healthy value systems for ourselves. It helps us to notice and appreciate everything that is positive in our lives. It makes us grateful and thankful for every good thing that we have received, are receiving, and will receive in the course of our earthly and unearthly careers. We will joyfully begin to implement our next goal or task, with grateful hearts. We will be grateful for ourselves, too – our true selves. We can give thanks for our qualities, families, friends, and for everything that is ours. We'll realise that the people who surround us aren't inserted into our lives at random. The symbol helps us to notice the wondrous love energy that lives inside these valuable people, which will lift us to greater and greater frequency heights, broadening our consciousnesses. During all of this we'll endeavour to make everything even better and more beautiful in our lives.