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# BREEZE

Special Easter Edition

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**HAPPY EASTER TO ALL!!!**



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# EASTER THOUGHTS

In Easter time we might want to ponder over the following:

**WHO IS JESUS CHRIST FOR ME?**

**WHAT DO HIS TEACHINGS, HIS EXAMPLE AND KNOWLEDGE ABOUT HIM MEAN TO ME?**

Many great thinkers, philosophers, ancient time (e.g. Vergilius) and contemporary poets, writers (e.g. Shakespeare), painters, musicians and numerous artists in different fields, traditions (Gnosticism, the Pisces of Sofia, Stoicism), Rudolf Steiner, Edgar Cayce, and many, many more came to the conclusion that:

**LOVE IS ALL THAT MATTERS.**

**Not theological correctness.**

**Not ritual precision.**

**Not institutional membership.**

**Just love expressed in Service, Forgiveness and Recognition of the Divine in all beings.**

Jesus is the highest example of the Christ Consciousness, a Divine Pattern that exists within every human soul.

**Jesus is the Blueprint for human spiritual evolution.**



## THE JESUS CONSCIOUSNESS

represented the human personality of Jesus who walked on Earth - Compassionate, Wise and Devoted to Service.

## THE CHRIST CONSCIOUSNESS

represented the fully awakened Divine Awareness that animated Jesus - the Awareness of Oneness with God, with the Father, and with the Creative Forces.

# CHRIST CONSCIOUSNESS IS THE AWARENESS OF THE SOUL'S ONENESS WITH GOD.

The secret that transforms Christianity from a religion to a belief in Jesus is the practice of becoming like Jesus. This practice is essential for those who wish to follow his example.

Jesus' practice according to spiritual legacy:

- Meditation, Prayer, Contemplation
- Service
- Energy Work
- Dream Interpretation
- Consciousness Expansion

This practice is an invitation to direct Divine Communion without intermediaries.

**Seek to be as Jesus was in communion with the Father and the experiences will be your own.**

**“The Kingdom of God is within you.”**





What Jesus taught is that the Christ Consciousness is not his exclusive possession but the birthright of every Soul waiting to be awakened **through devoted practice and surrender to Divine Love.**

- **Our Spirit** - is the Carrier of the Divine Eternal Spark of God.
- **Our Soul** - is the Holder of the story of every life we have ever lived with all choices, decisions and experiences.

**The Soul wishes nothing else than be united with its Source, with the Spirit.**

The Spirit is the Divine Essence that can never be corrupted.

The Soul is the traveller, it learns, it fails, it grows and carries the record of your choices across your lifetimes.

**The ignorance regarding the difference between Spirit and Soul, keeps the Soul trapped in confusion and pain.**

According to the spiritual traditions, in the 'Akashic Records', which is a spiritual archive, every thought, action and emotion of every Soul is preserved...

The human being is not one thing but three:

- Body
- Soul
- Spirit



**The Body** is the temporary garment, the vessel through which the Soul experiences material life.

**The Spirit** is the Spark of God. It is pure, perfect and unchangeable. It never sins, never fears and never dies. It is the Image of the Creator within us.

**The Soul** acts as the Bridge between the Body and the Spirit. It is the link that connects Divine Consciousness to Human Experience. The Soul carries both the memory of God and the scars of time. It is the part of us that learns, falls, loves, suffers and grows through countless incarnations, always seeking to become one again with its Spiritual Source, the Spirit.

**The Soul shaped by free will can either reflect that light or hide from it.** Every thought, every emotion, every action is a stroke on the canvas of your Soul. The Soul is like a traveller crossing vast landscapes of experience, lifetime after lifetime always carrying fragments of light and shadow within.

**Every act of kindness expands the Soul's light and every act of selfishness darkens it but neither can ever extinguish the Spirit inside.**

The Spirit remains untouched, eternal, radiant and One with God.

**The Soul's purpose is to gradually become aware of that inner perfection and reflect it more purely with each incarnation.**

Each lifetime is a classroom, each challenge a teacher, each relationship a mirror showing where love still needs to grow. When we begin to see life this way we stop asking 'Why is this happening to me?'. We start asking 'What is this trying to teach my Soul?' **This shift in perception is called awakening.**



Many Souls lose themselves in material ambition believing that happiness is found in wealth, fame or power. But these are only shadows that fade.

**True fulfilment is Spiritual Alignment, the state where the Soul no longer resists the Will of the Spirit.**

It is like tuning an instrument. When your thoughts, emotions and actions vibrate in harmony with your Divine Essence, peace flows naturally. That is when we feel the presence of God not as an idea but as a living force guiding every breath.

When the Soul forgets its Divine Origin, it becomes restless, anxious and lost in material illusions. But when it remembers that the Spirit of God lives within everything changes. Life becomes a classroom instead of battlefield and suffering becomes a lesson and wisdom instead of punishment.

***This misunderstanding, the confusion between Soul and Spirit is what keeps Humanity spiritually asleep. We worship the outer but we forget the inner. We pray for signs while the Eternal Spirit inside us whispers constantly waiting for us to listen.***

**Jesus Christ was the perfect example of what it means to live as a Soul fully surrendered to the Spirit.**

# Christ's life showed that the Divine and the Human can coexist in harmony when LOVE governs the Will.

The Christ Consciousness wasn't limited to one man, it was the potential hidden in every Human Soul, the possibility of awakening the Divine Essence within. That is why we shouldn't seek God only in churches, books or rituals but start seeking Him within the silence of our own hearts because as Jesus Christ said:

**“The Kingdom of God is within you.”**

But finding Him requires discipline, humility and daily communion with that inner voice. Meditation, prayers, forgiveness and acts of compassion are not just moral advice but ways of remembering the Soul's true identity.

**Every time we choose love over judgement, we lift our Soul closer to the vibration of our Spirit.**

**Every time we serve someone selflessly we allow the Spirit of God to act through us.**

✦ The Spirit is Life.

✦ The Soul is the Record of that Life.

Your Spirit is what gives you existence, the divine breath that animates your being. Your Soul is the story of that breath which has been written through ages of experience.



When we understand this then we stop judging people for their flaws because we begin to see them as Souls in different stages of remembering who they are. We realize that even those lost in darkness carry the same Spirit that lives in us.

**The same Spark of the Creator.**

## **How to strengthen the connection to the Spirit?**

The answer to this question is simple but profound:

**LIVE WITH LOVE.**

**Because Love is the language of God,  
the vibration of the Spirit Itself.**

*Every Act of Love aligns the Soul with its Source.*

- Forgive those who have hurt you because forgiveness dissolves the barriers that block that divine current.
- Pray not to change God's mind but to open your heart to His.
- Meditate, not to escape reality but to listen to the still small voice within that always knows the truth.

God never stops speaking but most of us live surrounded by so much noise that we forget how to hear Him. The Soul rediscovers peace the moment it listens again.



The Spiritual Growth is not about just acquiring more knowledge but **it's about remembering what we already are**. Beneath our fears, desires and doubts there is a quiet awareness untouched by time or pain. That is our Spirit. When we act from that awareness, even in small ways like offering comfort to a stranger, showing patience instead of anger, we are living as a Soul guided by the Spirit.

**Every time you choose compassion  
you move one step closer to God's Light.**

God does not condemn. He calls the Soul to continue its journey toward Light.

**Mercy and Grace are the essence of Divine Justice.**

The Spirit never punishes, It only invites.

*So salvation isn't about escaping the world but  
transforming it from within through choices  
that align the Soul with the Spirit's purity.*

**The Spirit gives life, but the Soul must choose how to use it.** That means every thought, every emotion, every decision carries Spiritual Consequence.

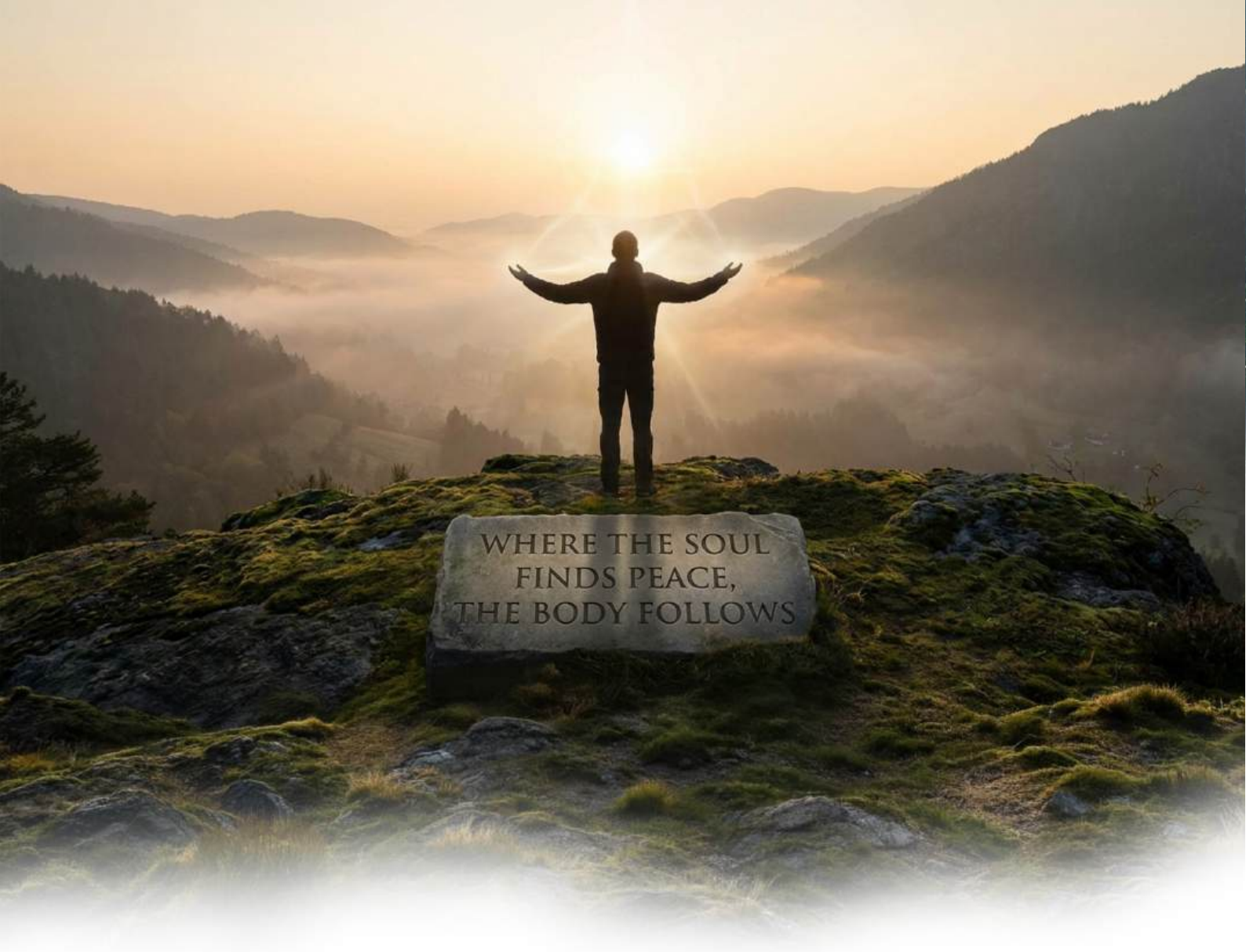
✨ When you think with anger you cloud your Soul's light.

✨ When you think with love you let God shine through you.

**Our world reflects the Collective Condition of Humanity's Soul** which is why healing ourselves contributes to healing the planet. So it's important to begin within. Its pillars are:

- To forgive,
- To pray,
- To be still,
- To be in the state of Unconditional Love,
- To remember that the Spirit is not outside reaching in but within reaching out.





The body also responds to the alignment between Soul and Spirit. Illness is always connected to Spiritual Imbalance. Resentment, guilt, blame and fear can manifest as physical suffering. The cure is not only medical. It is Spiritual. When the Soul finds peace, the Body follows.

**Healing is a natural consequence of harmony between the Divine and the Human.** That's why prayer is encouraged not just for health but also for understanding this. Every illness is a message, a gentle reminder to realign the Soul with Its Source. **Every healing is evidence of God's Spirit moving through creation.**

The Spirit cannot be destroyed but the Soul can forget it. Forgetfulness is spiritual sleep. The Soul wanders through experiences, building identities and desires, mistaking temporary pleasures for eternal joy. But at some point every Soul begins to hunger for something higher. That hunger is the call of the Spirit awakening within.

It might appear as a moment of pain, loss or crisis but beneath it is grace, guiding the Soul back to remembrance. The Universe allows the Soul to rediscover what truly matters.



*Salvation is through transformation.  
The Spirit within you is the  
fragment of the Creator.  
Heaven is already within us.*

**Jesus was not a distant figure to be worshipped but a living example to be followed.** The Christ Consciousness is the pattern that every soul can awaken. Let the mind of Christ be in you.

The Christ Consciousness is the natural state of the Spirit when It is fully expressed through the Soul. When you forgive your enemies, when you love without expecting return, when you serve with joy, you are already living in Christ Consciousness.

**The Spirit in you and the Spirit of God become one vibration.**

**That Unity is the Goal of Existence.** To let God live through you so fully that fear disappears and Love becomes your nature.

Salvation is not through belief alone but through transformation.

**The greatest tragedy of Humanity is forgetting its Divine Origin.**

Most people pray to distant God while carrying that same God within. You are a Spiritual Being having a Human Experience. This truth might have become a mantra in nowadays spiritual movement. But this is the Literal Truth.

**The Spirit within you is the fragment of the Creator and when the Soul lives in harmony with that truth, life gains purpose, direction and peace.**

**Sin is simply separation.** The moment the Soul acts without awareness of its Spirit, every selfish choice, every lie, every cruelty is a symptom of that forgetfulness. But the moment you remember that God lives through you, you stop fearing death. You stop comparing yourself to others and you begin to live with quiet certainty that you are loved beyond measure. The Spirit doesn't condemn the Soul for wandering, It patiently waits for the Soul to awaken and return home.

**We do not earn heaven, it's already within us. The task is not to climb toward God but to uncover what blocks our awareness of Him. Pride, anger and guilt are the clouds that hide the Light, but prayer and service clear the sky.**

We gradually realize that everyone is doing the best they can from their level of awareness. This doesn't mean excusing wrongdoing but understanding that the remedy is always LOVE. Love is the one force that survives death and that the connections built in Love continue in the next world. The Soul that learns to love purely has already touched heaven.



# The Cross symbolizes the meeting point between Human Will and Divine Will.

To follow Christ is to surrender to the Spirit within and allow It to guide even when the way is uncertain. The more the Soul yields, the more the Spirit shines. That surrender is not weakness but power.

**The world teaches control but God teaches trust.**

When you trust the burden lifts. You begin to live not as a body struggling to find Spirit but as **a Spirit using a body to express Divine Love.**



If every person truly understood the difference between Spirit and Soul, then all war, pain and division would end because once you recognize that everyone carries the same Divine Essence, judgement becomes impossible. The Spirit in you is the same Spirit in your neighbour, in your enemy, in the stranger you overlook. **We are many Souls but One Spirit.** The illusion of separation is what causes all suffering.

**The Remembrance of Unity is what brings salvation.**

**LOVE IS NOT AN EMOTION BUT IT IS A SPIRITUAL LAW.**

The more you live in harmony with that law the freer your Soul becomes. You stop reacting with fear and start responding with understanding. You realize that every conflict is just the Soul's struggle to remember the peace it already possesses.

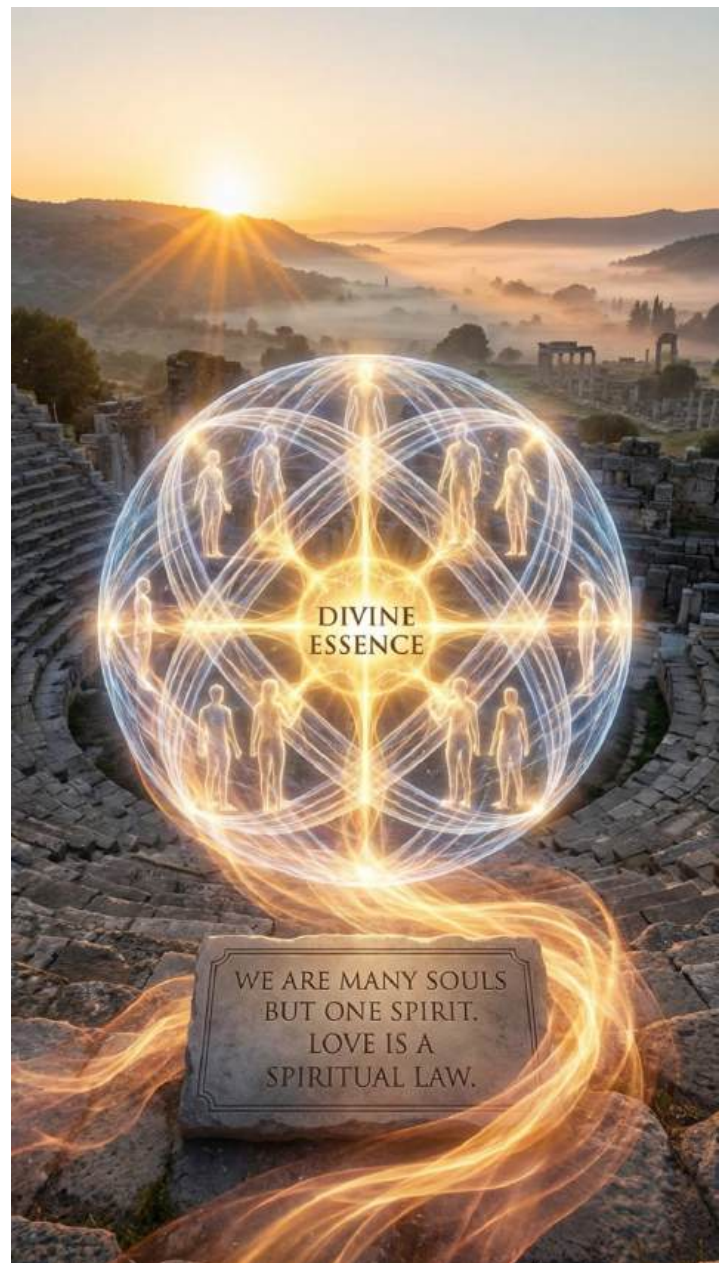
**The World's Salvation would not come from politics or power but from individuals who live as examples of Spirit-led lives.**

Each person who forgives, who prays, who loves without reason becomes a light pushing back the world's shadow. This is the return of the Christ Consciousness, when millions of souls remember again their Divine Spirit within.

The Spirit provides the music, the Soul learns the steps. This transformation gives you a faith so real that it turns knowledge into love, and love into service.

- ✦ The Spirit is the Life.
- ✦ The Mind is the Builder.
- ✦ The Physical is the Result.

The Soul transforms through practice, not theory. When it finally mirrors the purity of the Spirit peace and happiness flow effortlessly. This is what Jesus meant when he said **"I and the Father are One."**





You were never meant to reach God someday, you were meant to reveal Him today through every thought and every action.

Your life right now is the reflection of your Soul's construction.

If you want to see a change:

- ✓ Build differently
- ✓ Think with Kindness
- ✓ Act with Faith
- ✓ Speak with Love

## BE LIKE JESUS:

- ✦ Compassionate
- ✦ Wise
- ✦ Devoted to Service

**The Soul's purpose is to gradually become aware of that inner perfection, the Spark of God, Eternal Light and Love, and reflect it more purely with each day to come.**

When your thoughts, emotions and actions vibrate in harmony with your Divine Essence expressing **LOVE**, peace and happiness flows naturally. The consistent acts of love and prayer can awaken the Soul more deeply than years of religious study without having Humility and Modesty. Faith without Action is incomplete because the Soul must express what it knows.

(Source: Gnostic Literature, Stoic philosophy, Rudolf Steiner, Edgar Cayce, Beloved Guides)

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